6th Annual Conference on
ADHD and Executive Function
(MD13)

September 8, 2017
8:00 a.m. to 4:30 p.m.

The University Club
123 University Place
Pittsburgh, PA 15260

Course Directors:
Aaron Jennings, LCSW
Brooke Molina, PhD
John Carter Brooks, MD

Recovery and Wellness: The Journey Starts Here
A Joint Effort Sponsored by Community Care Behavioral Health Organization and Western Psychiatric Institute and Clinic of UPMC
Introduction

The ADHD Across the Lifespan Clinic of WPIC is proud to present the sixth annual ADHD and Executive Function conference. The keynote presentation this year will be given by Dr. Stephen Hinshaw. Dr. Hinshaw is a Professor of Psychology at the University of California, Berkeley, where he was Department Chair from 2004-2011, and Vice Chair for Psychology in the Department of Psychiatry at the University of California, San Francisco.

Dr. Hinshaw’s presentation will be on the topics of diagnosis and treatment of ADHD across the lifespan. In part 1, Dr. Hinshaw will cover ADHD controversies and facts, its interactive causes and underlying mechanisms, its development over time, and girls and women with ADHD. In part 2, Dr. Hinshaw will continue the discussion of rising rates of diagnosis, treatment basics, and stigma (in general and related to ADHD, in particular).

The afternoon will consist of presentations on topics for professionals who work with individuals with ADHD. This will consist of advanced practice discussion of diagnosis of ADHD in different populations and best practice treatment modalities that are evidence informed. Each session will be available for anyone to attend but will concentrate on issues related to the specific group. Participants should leave the conference with a greater understanding of the multitude of issues surrounding the diagnosis and treatment of ADHD across the lifespan.

Who Should Attend

The conference is designed to present the latest research and clinical knowledge regarding ADHD to a professional audience: psychiatrists, mental health clinicians, nurses, social workers, educators/teachers, and psychologists; service coordinators, researchers, mental health policy administrators and others who intend to keep current regarding etiology, treatment, and research related to ADHD across the lifespan.

Objectives

At the completion of the program, participants should be able to:

- Describe the controversies and facts associated with diagnosis and treatment of ADHD across the lifespan
- Discuss diagnostic challenges associated with girls and women with ADHD
- Identify treatment basics for addressing the needs of individuals with ADHD
- Articulate the impact of stigma in mental health in general and as it applies to ADHD specifically
COURSE DIRECTORS

Aaron Jennings, LCSW
Program Manager
ADHD Across the Lifespan Program and
Center for Children and Families
Western Psychiatric Institute and Clinic

Brooke Molina, PhD
Professor of Psychiatry, Psychology and Pediatrics
University of Pittsburgh
Licensed Clinical Psychologist
Director, Youth and Family Research Program
Director of Clinical Research, ADHD Across the Lifespan Clinic

John Carter Brooks, MD
Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Medical Director, ADHD Across the Lifespan Clinic
Western Psychiatric Institute and Clinic

KEYNOTE SPEAKER

Stephen Hinshaw, PhD
Professor of Psychology
University of California, Berkeley
Vice Chair of Psychology
Department of Psychiatry
University of California, San Francisco

Stephen Hinshaw received his B.A. from Harvard University (summa cum laude) and his doctorate in clinical psychology from UCLA. His work focuses on developmental psychopathology, clinical interventions, mechanisms underlying change, and mental illness stigma, with specialization in ADHD.

He has directed summer research programs and conducted longitudinal studies for boys and (more recently) for girls with ADHD and externalizing disorders, having received over $20 million in NIH funding. He was Principal Investigator of the Berkeley site for the Multimodal Treatment Study of Children with ADHD (MTA) and founded the Berkeley Girls and ADHD Longitudinal Study (BGALS).

Dr. Hinshaw has authored over 325 publications plus 14 books, including The Mark of Shame: Stigma of Mental Illness and an Agenda for Change (Oxford, 2007), The Triple Bind: Saving our Teenage Girls from Today’s Pressures(Random House, 2009), The ADHD Explosion: Myths, Medications, Money, and Today's Push for Performance (with Richard Scheffler; Oxford, 2014), and ADHD: What Everyone Needs to Know (with Katherine Ellison; Oxford, 2016). His most recent book, Another Kind of Madness: A Journey through the Stigma and Hope of Mental Illness (St. Martin’s, 2017) addresses the pernicious stigma of mental illness via a deep personal and family memoir. He is former editor of Psychological Bulletin, the most cited journal in psychology, and is a fellow of the Association for Psychological Science, the American Psychological Association, and the American Association for the Advancement of Science.
He is the recipient of California’s Distinguished Scientific Contribution in Psychology Award and Berkeley’s Distinguished Teaching Award, from the Division of Social Sciences. His 24-lecture series for the Teaching Company, “Origins of the Human Mind,” was released in 2010.

In 2015 he received the Distinguished Scientist Award from the Society for a Science of Clinical Psychology. Next, in 2016 he received the James McKeen Cattell Fellow Award from the Association for Psychological Science — the highest honor conferred by APS, honoring a lifetime of outstanding contributions to applied psychological research. Most recently, in 2017 he received the Distinguished Scientific Contributions to Child Development Award from the Society for Research in Child Development.

FACULTY

**Lindsey Herman, LCSW**  
Clinical Supervisor  
Center for Children and Families and ADHD Across the Lifespan Program  
Western Psychiatric Institute and Clinic

**Sarah Johnson, LCSW**  
Clinician  
Center for Children and Families and ADHD Across the Lifespan Program  
Western Psychiatric Institute and Clinic

**Heather Joseph, DO**  
Postdoctoral Research Scholar  
Clinical Assistant Professor of Psychiatry  
University of Pittsburgh School of Medicine  
Western Psychiatric Institute and Clinic

**Traci Kennedy, PhD**  
Postdoctoral Associate  
University of Pittsburgh  
Licensed Clinical Psychologist  
Youth and Family Research Program

**Heidi Kipp, MEd, LPC**  
Clinical Coordinator  
ADD Program  
Youth and Family Research Program  
Western Psychiatric Institute and Clinic

**John Mitchell, PhD**  
Assistant Professor  
Duke ADHD Program  
Department of Psychiatry and Behavioral Sciences  
Duke University Medical Center
Abigail Schlesinger, MD
Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Western Psychiatric Institute and Clinic

Greg Slomka, PhD
Developmental Neuropsychologist
Center for Children and Families
Western Psychiatric Institute and Clinic

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The University of Pittsburgh is an affirmative action, equal opportunity institution.
SCHEDULE

8:00 a.m. 
Registration

8:45 to 9:00 a.m. 
Introduction and Background
Aaron Jennings, LCSW, Brooke Molina, PhD, and John Carter Brooks, MD

9:00 to 10:15 a.m. 
Stephen Hinshaw, PhD

10:15 to 10:30 a.m. 
Short Break

10:30 a.m. to 12:00 p.m. 
KEYNOTE Presentation Part 2: Rising Rates of Diagnosis, Treatment Basics, and Stigma
Stephen Hinshaw, PhD

12:00 to 1:15 p.m. 
LUNCH (on your own)
*Lunch is available for purchase from the University Club on a pre-order basis. Details are available on the registration form, or when you register online.

12:30 p.m. 
Book Signing with Dr. Hinshaw

1:15 to 2:30 p.m. 
Breakout Session 1:

1. How a Child with ADHD Looks When Tested
   Greg Slomka, PhD

2. Diagnosis of ADHD in Adults with Complex Presentations Challenges, Controversies, and Tools
   Traci Kennedy, PhD & Aaron Jennings, LCSW

2:45 to 3:00 p.m. 
Break – Refreshments

3:00 to 4:30 p.m. 
Breakout Session 2:

3. Medical Practice: Treatment of Complex ADHD in Primary Care and Mental Health Clinic Settings
   John Carter Brooks, MD, Heather Joseph, DO, and Abigail Schlesinger, MD

4. Best Practice Psychosocial Treatment for Children and Adolescents with ADHD: COPE Model and ADHD Skills Training
   Lindsey Herman, LCSW and Heidi Kipp, MEd, LPC

5. Best Practice Treatment for Adults: Mindfulness & Adult Skills Groups
   John Mitchell, PhD and Sarah Johnson, LCSW

4:30 p.m. 
Adjournment
Continuing Education Credit

Physicians
The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants
This program has been reviewed and is approved for a maximum of 5.75 hours of AAPA Category 1 CME credit by the Physician Assistant Review Panel. Physician assistants should claim only those hours actually spent participating in the CME activity.

This program was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.

Psychologists
Western Psychiatric Institute and Clinic of UPMC is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic of UPMC maintains responsibility for this program and its content. This program is being offered for 5.75 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professionals: CADC/CCDP
The Office of Education and Regional Programming, Western Psychiatric Institute and Clinic of UPMC is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 5.75 continuing education credits.

Counselors
Western Psychiatric Institute and Clinic of UPMC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5059. Programs that do not qualify for NBCC credit are clearly identified. Western Psychiatric Institute and Clinic of UPMC is solely responsible for all aspects of this program. This program is being offered for 5.75 continuing education hours.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT
This program is offered for 5.75 hours of social work continuing education through co-sponsorship of the University of Pittsburgh’s School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Act 48
Western Psychiatric Institute and Clinic of UPMC is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. WPIC adheres to the Act 48 Continuing Education Guidelines.

Other Healthcare Professionals
Nurses and other health care professionals are awarded 0.575 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. Nurses: For attending this program you will receive a Certificate of Attendance confirming 5.75 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. Peer Specialists: This program fulfills requirements for Certified Peer Specialist continuing education.
Location
University Club
123 University Place
Pittsburgh, Pennsylvania 15260
8:00 to 4:30 p.m.

Registration Information

Lunch Option – A boxed lunch will be available for $20.00. This can be paid for when registering. Orders must be received prior to August 31, 2017. You can choose your lunch options when registering, however online you will be asked if you want a lunch before choosing the type of lunch. Choices include:
- Turkey & Swiss
- Turkey (no cheese)
- Roasted Vegetable Wrap
- Chicken Salad Sandwich
- Tuna Salad Sandwich

Fee Schedule

Please reflect your fee level on your registration form below, and your choice of lunch if you are purchasing it.

If registering online, please go to the appropriate option to register at the bottom of the page at this link: http://bit.ly/2rVJ0AV:

<table>
<thead>
<tr>
<th></th>
<th>Before 8/1/17</th>
<th>After 8/1/17</th>
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<tbody>
<tr>
<td>Physicians</td>
<td>$175</td>
<td>$200</td>
</tr>
<tr>
<td>With lunch</td>
<td>$195</td>
<td>$220</td>
</tr>
<tr>
<td>UPMC Affiliated Physicians</td>
<td>$150</td>
<td>$175</td>
</tr>
<tr>
<td>With lunch</td>
<td>$170</td>
<td>$195</td>
</tr>
<tr>
<td>Other Professionals</td>
<td>$125</td>
<td>$150</td>
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<tr>
<td>With lunch</td>
<td>$145</td>
<td>$170</td>
</tr>
<tr>
<td>UPMC/WPIC Affiliated Professionals</td>
<td>$100</td>
<td>$125</td>
</tr>
<tr>
<td>With lunch</td>
<td>$120</td>
<td>$145</td>
</tr>
<tr>
<td>Residents/ Medical Students</td>
<td>$50</td>
<td>$50</td>
</tr>
<tr>
<td>(No continuing education credits at this level)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>With lunch</td>
<td>$70</td>
<td>$70</td>
</tr>
</tbody>
</table>

Tuition includes:
- All registration and conference materials
- Refreshments
- Continuing education credits at professional levels

Lunch Option – A boxed lunch will be available for $20.00. This can be paid for when registering. Orders must be received prior to August 31, 2017. Online registration – You’ll need to identify if you want a lunch option first. As you proceed with your registration, you’ll be able to identify your lunch choice.
Online registration is available for credit card payment only at the direct links above. For overall information, please go to http://bit.ly/2rVJ0AV. You can also purchase your boxed lunch online.

Online Registration Instructions:

1. Click on ‘Register Now’ for the appropriate fee level (small box at bottom of page)
2. If ‘6th Annual ADHD and Executive Function Conference’ appears under ‘Shopping Cart’, click on ‘Checkout’ (think of this as ‘continue’).
3. Register as a new registrant, or sign in if you already have an account (username is your e-mail).
4. When the conference name appears again, click on ‘Checkout’ (again, think of this as ‘continue’). Choose whether you want lunch.
5. Continuing Education Credit – Please use dropdown list for credential or choose Not Applicable (you must complete this). Click on ‘continue’.
6. Boxed lunch – Please use dropdown for choice of lunch or click on N/A if you’re not interested.
7. Complete Transaction and print your registration receipt.

If unable to register online, please use the registration form in this brochure with another form of payment (not a credit card).

Full tuition must accompany the form. A $25 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun. Please return the registration form and tuition by August 1, 2017 to take advantage of the lowest tuition rate.

Please make your check payable to OERP/WPIC and send it with the registration form to:

Nancy Mundy
OERP/WPIC
Champion Commons Building, Room 322
3811 O’Hara Street
Pittsburgh, PA 15213

Telephone: 412-204-9090
FAX: 412-204-9110
E-MAIL: mundynl@upmc.edu
www.wpic.pitt.edu/oerp

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program by calling Nancy Mundy at 412-204-9090.

Note: There is limited handicapped parking on site. All others are encouraged to find parking in the Oakland area. There is a pay garage adjacent to the University Club at Soldiers and Sailors Memorial Hall as well as street parking where it is noted.
Registration Form
ADHD and Executive Function (MD13)
Friday, September 8, 2017
8:00 a.m. to 4:30 p.m.

Please type or print; photocopy for additional registrants.
Register by August 1, 2017 for lowest tuition rate.

| Social Security Number (Last five digits only): |   --   --   --   --   --   |
|--------------------------------------------------|
| First Name:                                      |
| Last Name:                                       |
| Degree(s) to be noted on name badge (e.g. MD, PhD) |
| Institutional Affiliation:                       |
| Address:                                         |
| Address 2:                                       |
| City:                                            |
| State:                                           |
| Zip:                                             |
| County:                                          |
| Day Telephone:                                   |
| E-Mail Address:                                  |

Please indicate which workshops you plan to attend (Please circle):

Breakout Session I: 1 2
Breakout Session II: 3 4 5

For Continuing Education purposes, please check if you are:

□ CADC/CCDP  □ NCC Counselor  □ Educator/Act 48
□ Nurse  □ Psychologist  □ Physician/MD  □ Social Worker (LSW/LCSW/LPC/LMFT)
□ Certified Peer Specialist

Please indicate if you’re purchasing a lunch? ___ Yes; ___ No
Lunch is $20.00 payable when you register in addition to your tuition.

Choice of boxed lunch:
___ Turkey & Swiss
___ Turkey (no cheese)
___ Roasted Vegetable Wrap
___ Chicken Salad Sandwich
___ Tuna Salad Sandwich

Method of Payment:
Total $________________

□ Check (Payable to OERP/WPIC) Check#________________

To be completed for UPMC account transfers ONLY:

Business Unit:   Account #:
Administrator's Name:   Administrator's Signature:

Please send your fee with this form to:
Attn: Nancy Mundy
OERP/WPIC
3811 O’Hara Street
Champion Commons Building, Room 322
Pittsburgh, PA 15213
Fax: 412-204-9110
Telephone: 412-204-9090
E-MAIL: mundynl@upmc.edu
www.wpic.pitt.edu/oerp