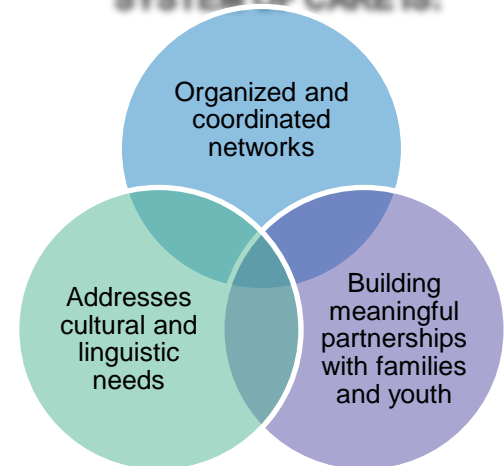# PENNSYLVANIA SYSTEM OF CARE PARTNERSHIP

WHAT IS SYSTEM OF CARE?

The **PA System of Care Partnership (PA SOC Partnership)** is a way of bringing together and empowering youth partners, family partners, child-serving system partners and providers partners based on concepts that are sensible, practical, inclusive, cost-effective and sustainable, to integrate the child-serving systems. System of Care is not a process or project, but philosophical change in the way government works. One of the most significant philosophical changes is the equal inclusion of youth and families into the decision making process as trusted partners with child-serving systems. The State Leadership and Management Team (SLMT) and each County Leadership Team (CLT), have the dynamic energy for decision making, who are responsible and accountable for outcomes that lead to the fulfilment of hopes and dreams.

A driving force in this philosophy is the utilization of a youth and family services and supports planning process, where youth and family supports are embedded in teams to ensure youth and family voices are expressed and natural supports are identified and engaged. System of Care philosophy and practices are unique based on the function, structure and culture of each state and county.

SYSTEM OF CARE IS:

Organized and coordinated networks

Addresses cultural and linguistic needs

Building meaningful partnerships with families and youth

RESEARCH BASED PRACTICES AND PROGRAMS

PA SOC Partnership currently implements and encourages the following practices and programs in System of Care Counties:

- High Fidelity Wraparound
- Child and Adolescent Service Support Program
- Family Group Decision Making
- Enhanced Interagency Service Planning Team with Youth and Family Supports
- Open Table

PA SOC Partnership "Standards" are adapted from Substance Abuse Mental Health Services Administration (SAMHSA) and should be familiar to many:

- Youth driven
- Family driven
- Integration of child-serving systems
- Natural and community supports
- Cultural and linguistic competence
- County Leadership Team
- Youth and Family services and supports planning process
- Evaluation and continuous quality improvement

How the PA System of Care Partnership can assist Youth, Family and System Partners:

Systems Partners

Support Options, Training and Technical Assistance:
- Data Management and Support
- Technical Assistance/Training
- County Leadership Teams
- Cultural and Linguistic Competency
- Reporting and Collecting Data
- Youth/Adult Mental Health First Aid Training
- Question/Persuade/Refer (QPR)Suicide Prevention Training
- Youth and Family Support Planning
- High Fidelity Wraparound/Planning Process Support
- High Fidelity Wraparound Training and Credentialing through the Youth and Family Training Institute

Family Partners

Support Options, Training and Technical Assistance:
- Active Listening Training
- Goal Setting Training
- Family Roles and Responsibilities Training
- Assuring Family Involvement in Partnership with Youth and System Partners
- County Leadership Family Member Orientation
- Media Tool Kit: A Resource for Families Youth & Community Partners
- Family Driven Care
- Team Up for Families
- Family Member Roadmap Interactive Web Based Training

Youth Partners

Support Options, Training and Technical Assistance:
- Developing Youth Organizations
- Developing youth support groups
- Recruitment & Retention Strategies
- Developing ways to tell "Your Story" from the youth perspective
- Youth Preparing and Presenting Involvement Strategies in County Leadership Team Meetings
- Youth Leadership Guide Manual

PENNSYLVANIA High Fidelity Wraparound OUTCOMES

Community
- 25% decrease in youth aggressive behaviors such as hitting someone or getting into a physical fight
- 11% decrease in youth who were in trouble with the police for running away from home

Life and Family
- 29% improvement in youth having one stable living arrangement
- 59% improvement in caregivers reporting stress and strain
- 33% decrease in youth living in residential treatment facilities.

School
- 55% of youth improved their school performance
- 53% of youth improved their school attendance

Lives Improved
- 9% of youth reported significant improvement in their depressive symptoms
- 16% of youth reported significant improvement of their anxiety symptoms
- 20% increase in youth reporting they can make changes in life to live successfully with their challenges
- 25% decrease in youth inpatient hospitalization