

## **Activity - Try out your new skills (10 minutes)!**

- Break into small groups
- Everyone will receive copies of Pennsylvania Youth Survey (PAYS) data from an anonymous PA County around one of three topics:
  - Bullying
  - Mental Health, Suicide, and Grief
  - Risk and Protective Factors
- ❖ All 3 packets include demographic information
- Briefly review the data so that you can answer the following questions:

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- Find something positive in the data or a success to celebrate.

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- Find something that needs to be improved.
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- Discuss how youth, family, provider, and system partners might see those successes or areas for improvement differently.

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- Identify an area where you would like more information. What is missing? Think about your original questions that brought you to this session...

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- What would be your next steps? What are the action steps that partners on your County Leadership Team or people in your agency would do with this information?
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# 1. DEMOGRAPHICS

49.2% of participants were female, and 50.8% were male. 6th graders were the best represented, with an estimated 87.8% participation rate based on most recent enrollment.

Overall, 72.2% of students surveyed in this county were white or Caucasian, 8.7% of students were black or African American, and the remainder were a combination of the remaining categories. 12.5% of students identified as being of Hispanic, Latino, or Spanish origin.

*Grade-level data are only displayed in this report when there were a minimum of 25 valid participants. “All Grades” represents the combined responses of all participating students from grades 6, 8, 10, and 12. Please note the distribution of participants in “All Grades” data for this county and keep this in mind when comparing local data to state data. State-level “All Grades” data are most useful when the county data are available for all four grades, meet the minimum cutoff for the total number of participants, and have a similar distribution of participants to the state.*

	County 2011		County 2013		County 2015		State 2015	
	Number	Percent	Number	Percent	Number	Percent	Number	Percent
Survey respondents								
All	10,854	100.0	12,062	100.0	13,475	100.0	216,916	100.0
Survey respondents by grade								
6	3,160	29.1	3,104	25.7	3,880	28.8	53,532	24.7
8	2,832	26.1	3,630	30.1	3,848	28.6	61,222	28.2
10	2,686	24.7	3,022	25.1	3,207	23.8	56,128	25.9
12	2,176	20.0	2,306	19.1	2,540	18.8	46,034	21.2
Survey respondents by gender								
Male	5,205	50.0	6,043	50.5	6,708	50.8	106,472	50.3
Female	5,200	50.0	5,922	49.5	6,506	49.2	105,341	49.7
Survey respondents by ethnicity								
Yes, of Hispanic, Latino, or Spanish origin	969	8.9	1,456	12.1	1,686	12.5	25,504	11.8
No, not of Hispanic, Latino, or Spanish origin	9,885	91.1	10,606	87.9	11,789	87.5	191,412	88.2
Survey respondents by race								
Black, African American	842	7.8	1,070	8.9	1,175	8.7	18,070	8.3
American Indian	92	0.8	130	1.1	205	1.5	3,326	1.5
Asian/Pacific Islander	212	2.0	325	2.7	497	3.7	9,915	4.6
White, Caucasian	7,800	71.9	9,175	76.1	9,729	72.2	157,967	72.8
Multi-racial	1,130	10.4	779	6.5	827	6.1	11,087	5.1
Race Unmarked	778	7.2	583	4.8	1,042	7.7	16,551	7.6

# BULLYING AND INTERNET SAFETY

While bullying is not a new phenomenon, the growing awareness that bullying has serious consequences for both schools and students is new.

Bullying behavior contributes to lower attendance rates, lower student achievement, low self-esteem, and depression, as well as higher rates of both juvenile and adult crime. Although the problem of bullying is receiving increased public attention, actual incidences of bullying often go undetected by teachers and parents. The most effective way to address bullying is through comprehensive, school-wide programs.

Increased public awareness of electronic or “cyber” bullying is due in part to high profile suicides linked to malicious use of social media services Twitter and Facebook. Bullies who operate electronically (that is, via text message, social media, or the Internet) can remain virtually anonymous, freeing them from normative social constraints on their behavior.

The modern teen’s social sphere is deeply intertwined with texting, social media, and the Internet. Invaded by bullying behavior, the harassment can feel inescapable, and traditional places of refuge such as the home no longer apply. The resulting isolation from simply “turning off the phone” has the unfortunate effect of further punishing the victim.

Overall, 17.0% of students in this county indicated experiencing bullying in the past 12 months (compared to 16.9% of students at the state level). Students who indicated experiencing bullying in the past 12 months reported that “the way I look (clothing, hairstyle, etc.)” (45.3% of students), “some other reason” (38.5% of students), and “I don’t know why” (37.7% of students) were the most frequent reasons they were bullied.

<b>PAYS 2015 category:</b>	<b>PAYS 2015 question text:</b>
<p><b>Bullying behavior</b></p> <p>Bullying is a student or students doing any of the following to another student on purpose repeatedly:</p> <ul style="list-style-type: none"> <li>• making fun of               <ul style="list-style-type: none"> <li>• excluding</li> <li>• threatening</li> </ul> </li> <li>• spreading rumors about               <ul style="list-style-type: none"> <li>• hitting</li> <li>• shoving</li> <li>• hurting</li> </ul> </li> </ul> <p>It is <u>not</u> bullying if:</p> <ul style="list-style-type: none"> <li>• two students argue or fight with each other</li> <li>• friends tease each other.</li> </ul>	<p><i>Have you stayed home from school this year because you were worried about being bullied?</i></p> <p><i>Do adults at your school stop bullying when they see/hear it or when a student tells them about it?</i></p> <p><i>If you have been bullied in the past 12 months, how frequently were you bullied?</i></p> <p><i>Everyday • 3 to 4 times a week • 4 to 5 times a week • More than 5 times a week • I was not bullied</i></p> <p><i>If you have been bullied in any way in the past 12 months, where were you bullied? (Mark all that apply.)</i></p> <p><i>On school property</i></p> <p><i>At a school-sponsored event</i></p> <p><i>While going to or from school</i></p> <p><i>In the community</i></p> <p><i>At home</i></p> <p><i>I was not bullied</i></p>
<p><b>Bullying behavior (cont'd)</b></p>	<p><i>If you have been bullied in the past 12 months by other students, why were you bullied? (Mark all that apply.)</i></p> <p><i>I have not been made fun of by other students</i></p> <p><i>The color of my skin</i></p> <p><i>My religion</i></p> <p><i>My size (height, weight, etc.)</i></p> <p><i>My accent</i></p> <p><i>The country I was born in</i></p> <p><i>The country my family (parents, grandparents) was born in</i></p> <p><i>The way I look (clothing, hairstyle, etc.)</i></p> <p><i>How much money my family has or does not have</i></p> <p><i>My gender</i></p> <p><i>My grades or school achievement</i></p> <p><i>My social standing</i></p> <p><i>Social conflict</i></p> <p><i>My sexual-orientation</i></p> <p><i>I have a disability (learning or physical disability)</i></p> <p><i>Some other reason</i></p>
<p><b>Perceived acceptability of bullying (peer and parental)</b></p>	<p><i>How wrong do you think it is for someone your age to bully another student or peer?</i></p> <p><i>How wrong do your parents feel it would be for you to bully another student or peer?</i></p>

**PAYS 2015 category:** PAYS 2015 question text:

**Internet safety and other hurt or abuse**

*During the past 12 months, have you been bullied through texting and/or social media?*

*In the past 12 months, did anyone on the Internet ever try to get you to talk online about sex, look at sexual pictures, or do something else sexual?*

*If you were hurt or abused by another person in the past 12 months, how were you hurt or abused? (Mark all that apply.)*

*Physical injury*

*Threats*

*Emotional abuse, insults, name-calling*

*Isolation from friends and family*

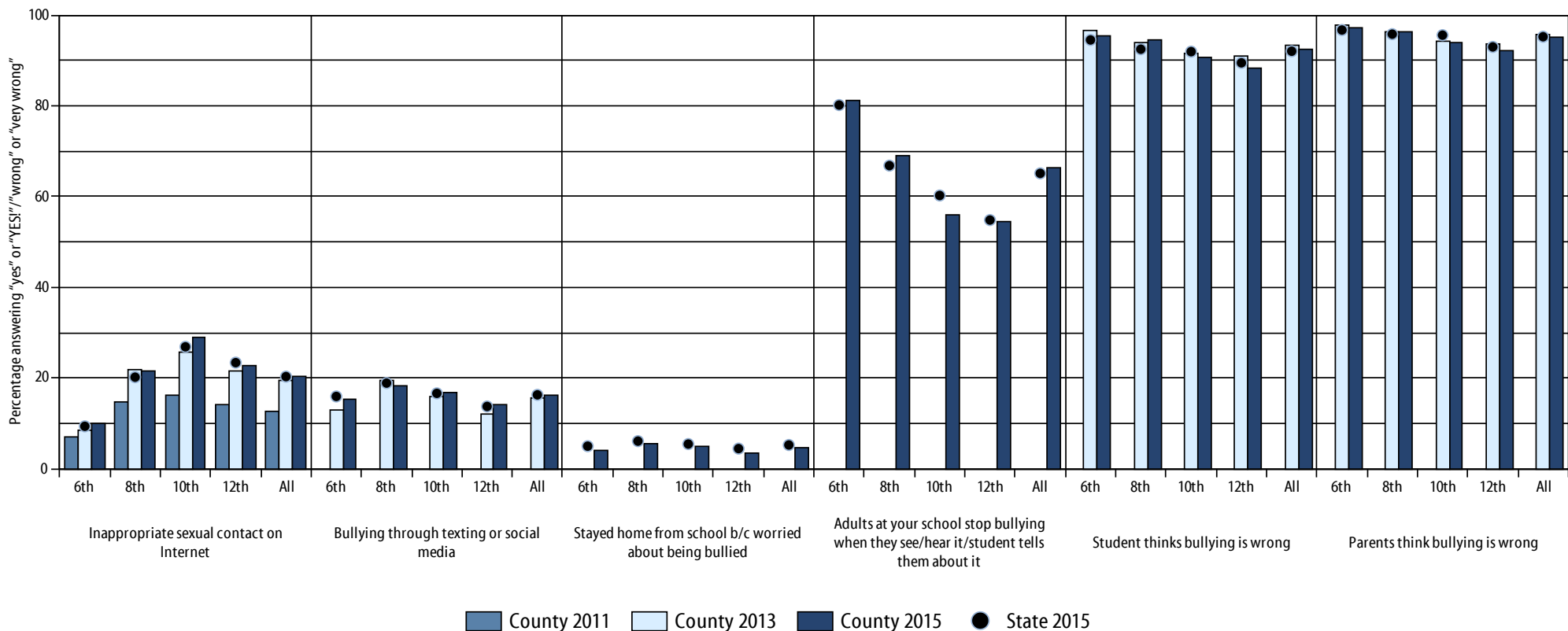
*Control of what you were wearing*

*Control with whom you socialized*

*Other injury or abuse*

## Bullying and Internet safety

### County 2015 Pennsylvania Youth Survey

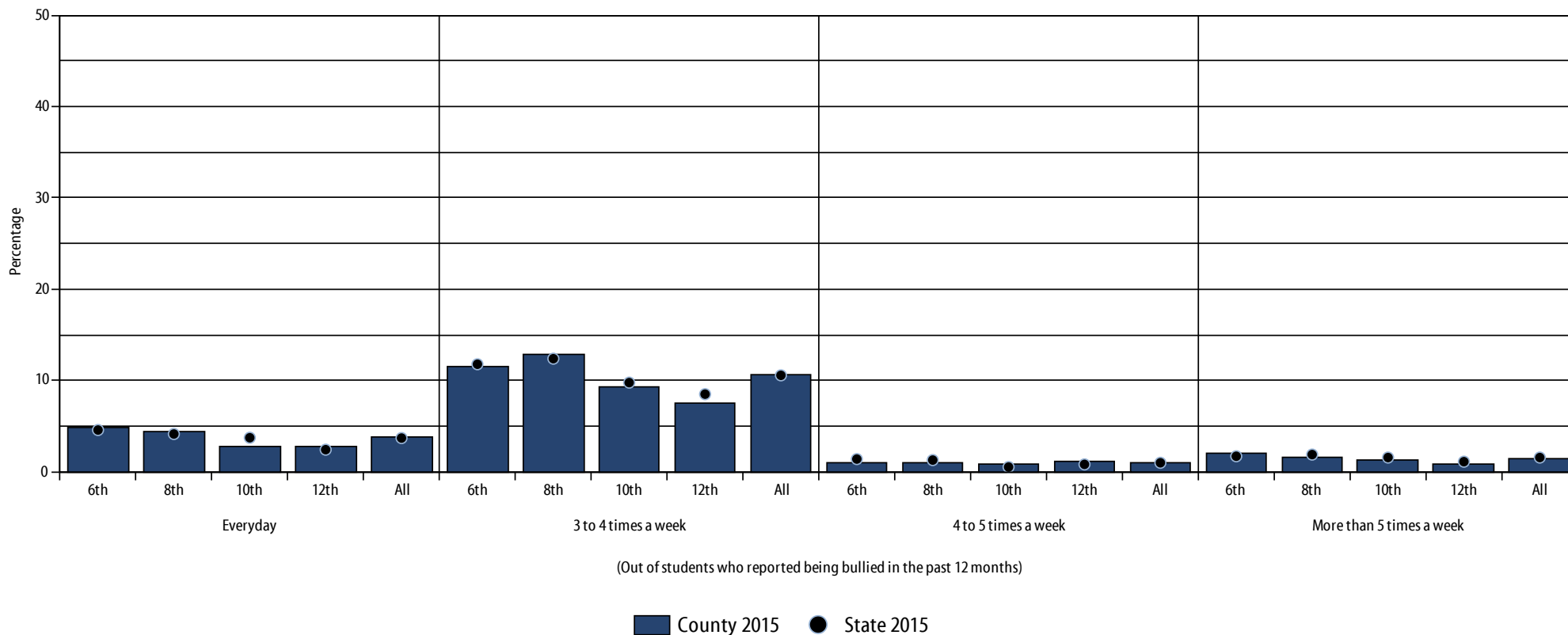


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Grade	Inappropriate sexual contact on Internet				Bullying through texting or social media				Stayed home from school b/c worried about being bullied				Adults at your school stop bullying when they see/hear it/student tells them about it				Student thinks bullying is wrong				Parents think bullying is wrong			
	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015
6	6.9	8.6	10.1	9.4	n/a	13.1	15.5	16.0	n/a	n/a	4.1	5.0	n/a	n/a	81.3	80.2	n/a	96.6	95.4	94.5	n/a	97.9	97.3	96.7
8	14.8	21.8	21.6	20.2	n/a	19.6	18.5	18.9	n/a	n/a	5.6	6.1	n/a	n/a	69.1	66.8	n/a	93.9	94.4	92.5	n/a	96.4	96.4	95.8
10	16.4	25.8	28.9	26.9	n/a	15.9	16.8	16.7	n/a	n/a	5.1	5.5	n/a	n/a	56.0	60.3	n/a	91.5	90.6	91.9	n/a	94.2	93.9	95.6
12	14.2	21.5	22.8	23.4	n/a	12.2	14.1	13.8	n/a	n/a	3.6	4.5	n/a	n/a	54.6	54.8	n/a	90.9	88.3	89.5	n/a	93.7	92.2	93.0
All	12.7	19.6	20.5	20.3	n/a	15.7	16.4	16.3	n/a	n/a	4.7	5.3	n/a	n/a	66.4	65.1	n/a	93.3	92.6	92.0	n/a	95.6	95.2	95.2

## Frequency of bullying

### County 2015 Pennsylvania Youth Survey



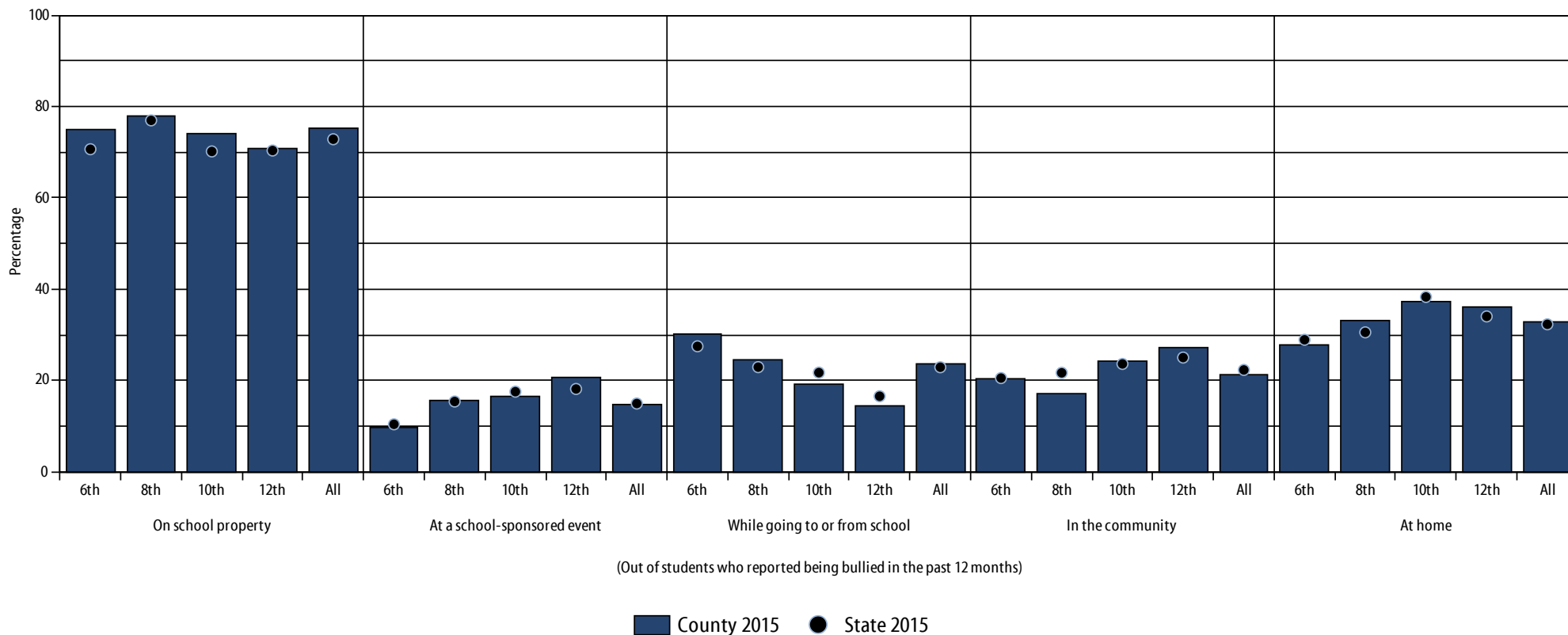
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Grade	Everyday				3 to 4 times a week				4 to 5 times a week				More than 5 times a week			
	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015
6	n/a	n/a	4.9	4.6	n/a	n/a	11.6	11.8	n/a	n/a	1.0	1.4	n/a	n/a	2.0	1.7
8	n/a	n/a	4.5	4.2	n/a	n/a	12.8	12.4	n/a	n/a	1.1	1.3	n/a	n/a	1.6	1.9
10	n/a	n/a	2.8	3.7	n/a	n/a	9.3	9.8	n/a	n/a	0.9	0.5	n/a	n/a	1.3	1.6
12	n/a	n/a	2.8	2.4	n/a	n/a	7.5	8.5	n/a	n/a	1.1	0.8	n/a	n/a	0.9	1.1
All	n/a	n/a	3.9	3.7	n/a	n/a	10.6	10.6	n/a	n/a	1.0	1.0	n/a	n/a	1.5	1.6



## Location of bullying

### County 2015 Pennsylvania Youth Survey

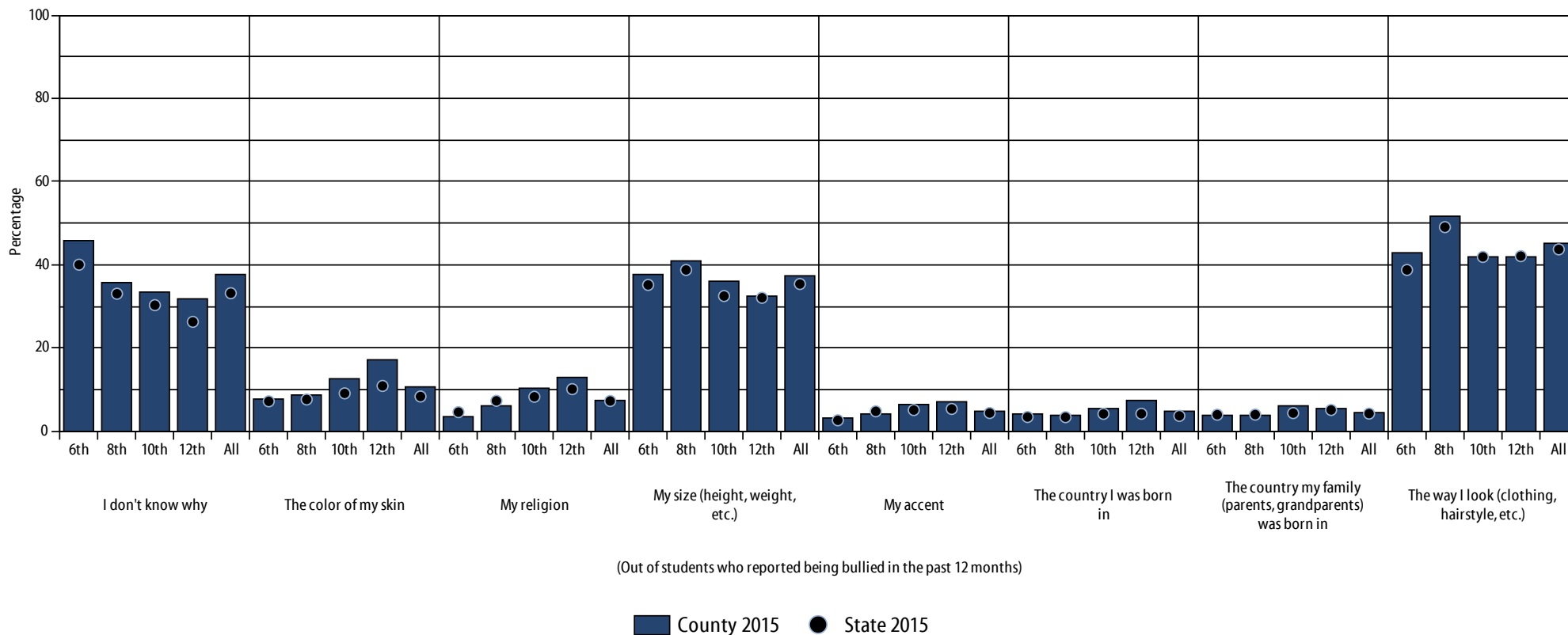


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Grade	On school property				At a school-sponsored event				While going to or from school				In the community				At home			
	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015
6	n/a	n/a	75.0	70.7	n/a	n/a	9.8	10.4	n/a	n/a	30.1	27.5	n/a	n/a	20.4	20.6	n/a	n/a	27.8	28.9
8	n/a	n/a	78.0	77.0	n/a	n/a	15.7	15.4	n/a	n/a	24.4	23.0	n/a	n/a	17.2	21.7	n/a	n/a	33.2	30.6
10	n/a	n/a	74.0	70.2	n/a	n/a	16.7	17.6	n/a	n/a	19.3	21.7	n/a	n/a	24.4	23.6	n/a	n/a	37.4	38.3
12	n/a	n/a	70.9	70.4	n/a	n/a	20.6	18.2	n/a	n/a	14.6	16.6	n/a	n/a	27.2	25.0	n/a	n/a	36.1	34.0
All	n/a	n/a	75.2	72.8	n/a	n/a	14.8	15.0	n/a	n/a	23.7	22.9	n/a	n/a	21.2	22.3	n/a	n/a	32.8	32.3

## Perceived reasons for bullying

### County 2015 Pennsylvania Youth Survey

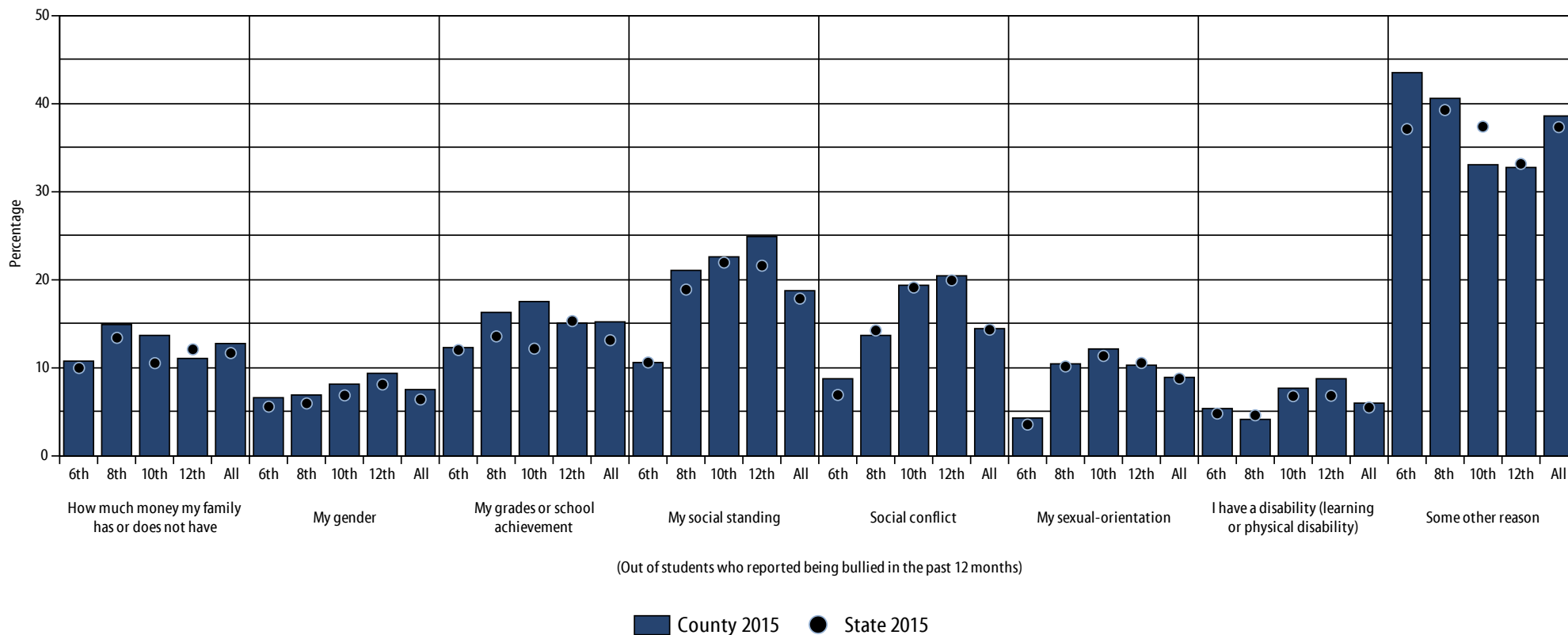


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Grade	I don't know why				The color of my skin				My religion				My size (height, weight, etc.)				My accent				The country I was born in				The country my family (parents, grandparents) was born in				The way I look (clothing, hairstyle, etc.)			
	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015
6	n/a	n/a	45.8	40.0	n/a	n/a	7.8	7.2	n/a	n/a	3.6	4.6	n/a	n/a	37.6	35.2	n/a	n/a	3.1	2.7	n/a	n/a	4.1	3.4	n/a	n/a	3.7	4.0	n/a	n/a	42.8	38.8
8	n/a	n/a	35.8	33.1	n/a	n/a	8.8	7.7	n/a	n/a	6.3	7.3	n/a	n/a	40.8	38.8	n/a	n/a	4.2	4.8	n/a	n/a	3.8	3.4	n/a	n/a	3.8	4.0	n/a	n/a	51.7	49.1
10	n/a	n/a	33.4	30.3	n/a	n/a	12.6	9.1	n/a	n/a	10.4	8.3	n/a	n/a	36.1	32.5	n/a	n/a	6.4	5.1	n/a	n/a	5.3	4.2	n/a	n/a	6.1	4.4	n/a	n/a	41.9	41.9
12	n/a	n/a	32.0	26.3	n/a	n/a	17.1	10.9	n/a	n/a	13.1	10.1	n/a	n/a	32.4	32.1	n/a	n/a	7.1	5.4	n/a	n/a	7.3	4.2	n/a	n/a	5.6	5.1	n/a	n/a	41.8	42.1
All	n/a	n/a	37.7	33.2	n/a	n/a	10.6	8.4	n/a	n/a	7.4	7.3	n/a	n/a	37.5	35.4	n/a	n/a	4.8	4.4	n/a	n/a	4.8	3.7	n/a	n/a	4.6	4.3	n/a	n/a	45.3	43.7

## Perceived reasons for bullying (cont'd)

### County 2015 Pennsylvania Youth Survey

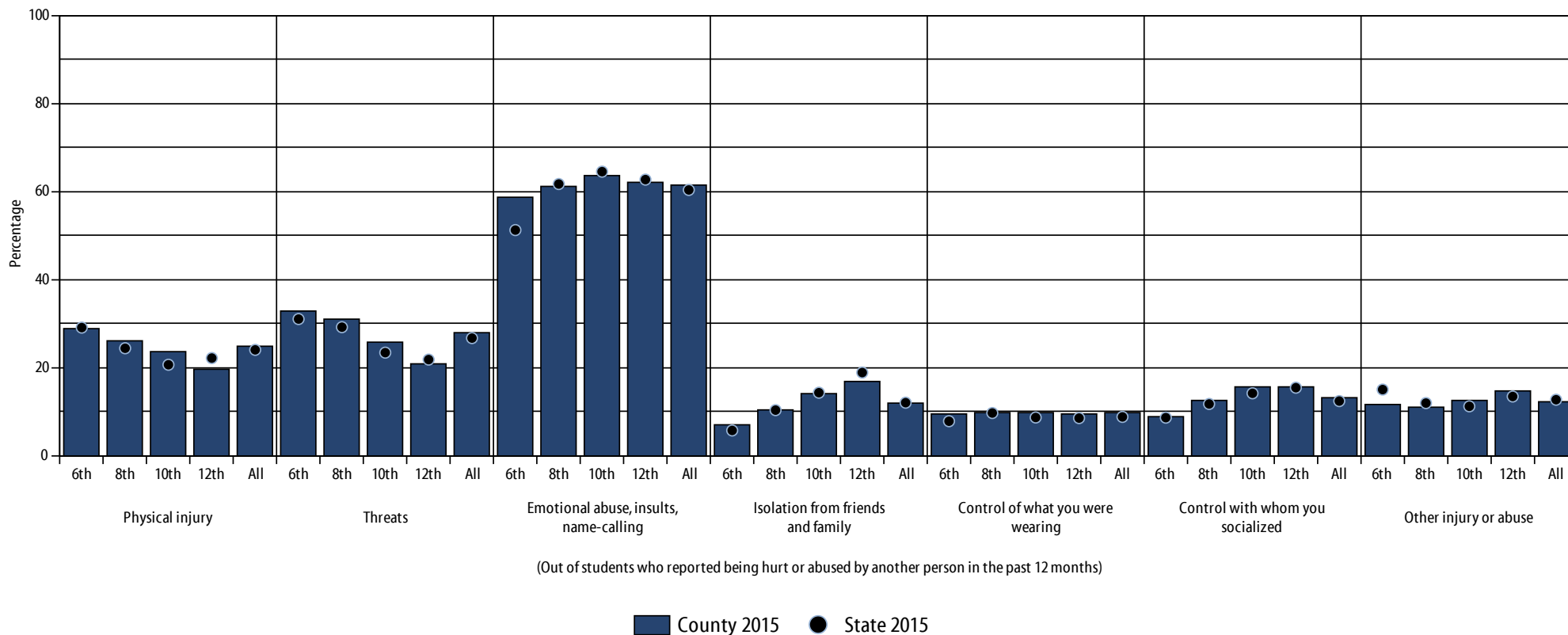


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Grade	How much money my family has or does not have				My gender				My grades or school achievement				My social standing				Social conflict				My sexual-orientation				I have a disability (learning or physical disability)				Some other reason			
	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015
6	n/a	n/a	10.7	10.0	n/a	n/a	6.6	5.6	n/a	n/a	12.2	12.0	n/a	n/a	10.6	10.6	n/a	n/a	8.7	6.9	n/a	n/a	4.3	3.5	n/a	n/a	5.4	4.8	n/a	n/a	43.4	37.1
8	n/a	n/a	14.8	13.4	n/a	n/a	6.9	5.9	n/a	n/a	16.2	13.5	n/a	n/a	21.0	18.9	n/a	n/a	13.7	14.2	n/a	n/a	10.4	10.1	n/a	n/a	4.1	4.6	n/a	n/a	40.5	39.2
10	n/a	n/a	13.7	10.5	n/a	n/a	8.2	6.8	n/a	n/a	17.5	12.1	n/a	n/a	22.6	21.9	n/a	n/a	19.3	19.1	n/a	n/a	12.2	11.3	n/a	n/a	7.7	6.8	n/a	n/a	33.0	37.4
12	n/a	n/a	11.1	12.1	n/a	n/a	9.3	8.1	n/a	n/a	15.1	15.3	n/a	n/a	24.9	21.6	n/a	n/a	20.4	19.9	n/a	n/a	10.2	10.5	n/a	n/a	8.7	6.8	n/a	n/a	32.7	33.1
All	n/a	n/a	12.7	11.6	n/a	n/a	7.5	6.4	n/a	n/a	15.1	13.1	n/a	n/a	18.8	17.8	n/a	n/a	14.5	14.3	n/a	n/a	8.9	8.8	n/a	n/a	6.0	5.5	n/a	n/a	38.5	37.3

## How students were hurt or abused

### County 2015 Pennsylvania Youth Survey



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Grade	Physical injury				Threats				Emotional abuse, insults, name-calling				Isolation from friends and family				Control of what you were wearing				Control with whom you socialized				Other injury or abuse			
	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015	County 2011	County 2013	County 2015	State 2015
6	n/a	n/a	28.8	29.1	n/a	n/a	32.9	31.0	n/a	n/a	58.7	51.2	n/a	n/a	7.1	5.7	n/a	n/a	9.4	7.8	n/a	n/a	8.9	8.6	n/a	n/a	11.6	15.0
8	n/a	n/a	26.1	24.4	n/a	n/a	30.9	29.2	n/a	n/a	61.2	61.7	n/a	n/a	10.3	10.3	n/a	n/a	9.7	9.7	n/a	n/a	12.6	11.7	n/a	n/a	11.1	11.9
10	n/a	n/a	23.5	20.6	n/a	n/a	25.7	23.4	n/a	n/a	63.5	64.5	n/a	n/a	13.9	14.3	n/a	n/a	9.9	8.7	n/a	n/a	15.5	14.2	n/a	n/a	12.6	11.2
12	n/a	n/a	19.6	22.2	n/a	n/a	20.8	21.8	n/a	n/a	62.0	62.7	n/a	n/a	16.9	18.9	n/a	n/a	9.6	8.5	n/a	n/a	15.6	15.4	n/a	n/a	14.6	13.4
All	n/a	n/a	24.8	24.0	n/a	n/a	28.0	26.7	n/a	n/a	61.3	60.3	n/a	n/a	11.8	12.0	n/a	n/a	9.6	8.8	n/a	n/a	13.1	12.4	n/a	n/a	12.3	12.7