# Cultural and Linguistic Competence Assessment Domains and Indicators

# Organizational Values

- Commitment to Cultural Competence Displayed Through Documentation
  - Clear statement of mission that commits to the importance of providing culturally competent services and supports
  - The agency staff is familiar with and understands the mission of the agency
  - Agency "acknowledges that culture is an integral part of the physical emotional, intellectual, and overall development and well-being of children, youth and their families"
- Staff and Administrator Beliefs
  - Do administrators/service providers/program staff believe cultural differences are important variables in service delivery and treatment
  - Do administrators/service providers/staff embrace empowerment as a desirable outcome for youth and families from diverse communities
  - People within the organization behave in a way that demonstrates an appreciation of and value for diversity
  - People consider the impact of culture and diversity when making decisions
- Actions Indicative of Beliefs
  - Organization supports involvement with and utilization of the resources of forums promoting cultural competence
  - o Organization advocates for accessible, culturally and linguistically appropriate services
  - Agency identifies opportunities for staff to participate in cultural functions and community education activities
  - Agency purchases goods and services from community-based and minority businesses
  - $\circ$   $\,$  Organizational flexibility in response to needs of the population

# Policies/Procedures/Governance

- Culturally and Linguistically Competent Policies/Procedures
  - Accountability systems and procedures
  - Standards and contractual requirements address cultural competence
  - Written and oral policies/procedures (regarding confidentiality, patient rights and grievance procedures, medication fact sheets, and legal assistance) in the languages of the youth and families
  - Do agency policies and procedures reflect a commitment to culturally competent supports and services

- Formal policies regarding culturally sensitive services (such as use of culture-specific assessment instruments, translation of materials, etc.)
- Documented policy for interpreters
- Documented policy for translation services
- Policies that require outreach to clients/organizations representative of diverse communities
- o Policies developed under consultation with youth and family from diverse communities
- Does the organization place cultural competence requirements on contract service providers
- Organization reviews and updates its policies and procedures that address cultural competence as needed
- Consequences for insulting/culturally offensive remarks
- Governing Body's Investment in Cultural Competence
  - Executives, managers, administrators take responsibility for, and have authority over the development, implementation, and monitoring of the Cultural Competence Plan with involvement of youth and families
  - o Standing committee to advise management on cultural competence service matters
  - Community involvement & accountability; Board development; cultural competence policies
  - o Committee roles related to PA SOC CLC Standard and National CLAS standards
  - Integration of cultural competence committee or other group with responsibility for cultural competence within organization
  - Dissemination of cultural competence plan throughout the organization

# Planning/Monitoring/Evaluation

- Understanding the Community
  - Geographic depiction of community context
  - Look at visibility, power, money, turf issues, conflicts, collaboration
  - Show linkages between groups
  - Interview/dialogue with key community individuals and institutions to get their perception of your program and your role in the community
  - Know customs/beliefs about mental health
  - Knowledge of health disparities
  - Youth/families/ researchers from diverse cultures contribute to research projects
  - Youth/Family surveys in youth/family preferred languages
- Cultural Competence Plan
  - Existence of a cultural competence plan
  - Strategies to increase access to services for culturally/linguistically diverse groups
  - o Does plan cover all administrative organizational components
  - Does plan have measurable objectives

- o Is cultural competence plan disseminated widely throughout the system and county?
- Agency Demographic Data
  - Demographic information to assess the needs of the service area
  - Identification of cultural, ethnic, racial, linguistic demographic composition of service area, staff, system partners, youth and families
  - Comparison of staff/system partner demographics with youth and family demographics
- Creation and Evaluation of Specific Programs
  - Do program staff incorporate cultural and historical issues into the goals, objectives, and evaluation of projects
  - Does the agency have short-term and long-term evaluation processes for effectiveness of its programs and policies relative to culturally and linguistically diverse communities
  - What initiatives, programs, or policies have been created based on information regarding staff characteristics
- Quality Monitoring and Improvement Activities
  - Organizational self-assessment
  - Regular examination of organizational structure and practices that contribute to the provision of culturally competent services and supports
  - Workforce analysis of race/ethnicity/linguistic capacities of direct and contracted providers
  - Self-assessment includes analysis of county population, demographics, poverty level
  - Quality improvement plan focusing on cultural/ethnic/linguistic needs of youth and families and the organization
  - Youth and family input into whether ethnicity/culture and language are appropriately addressed
  - Are staff encouraged to assess their personal feelings, values, and biases about working with people of different cultures?

# Communication

- Intra-Organizational Communication
  - Cultural competence named as a priority by leadership
  - Degree to which staff are encouraged to examine their cross-cultural interactions, either with supervisors or in another forum
- Communication with Youth and Families
  - Translation/interpretation available
  - Notices, messages, forms, and reports are culturally/linguistically appropriate for the populations (e.g. gender neutral paperwork, culturally representative ethnicity/race selections, inclusive family structure descriptors, etc.)
  - Educational materials (pictures/posters/printed materials/toys) are culturally and linguistically appropriate for consumers and their families
  - Telephone operators communicate in consumers' preferred language

- Organizational physical environment and décor reflects the diverse cultural and linguistic backgrounds of youth and families
- Youth/Family Feedback
  - Does the agency have culturally appropriate ways to elicit and respond to feedback from individuals and families regarding the quality of their services and supports
  - Are youth and their families made aware of how to communicate their complaints or Grievances; Is this information available in languages other than English
- Making Information Available to the Public
  - Making sure culturally diverse communities in the area are aware of available services
  - Does agency reach out to/communicate with churches, medicine men, ethnic publishers/radio stations; minority businesses; public human service agencies
  - o Diverse cultural groups are depicted on agency brochures and media
  - Publication of information on staff diversity, such as directories with ethnic/cultural/linguistic backgrounds of providers

#### Human Resource Development

- Recruiting Diverse Staff
  - Comparison of Board/Staff profiles with youth/family/community profiles
  - Agency advertises staff vacancies in culturally/linguistically diverse media and through neighborhood networks
  - Agency requests candidates with experience and skills serving culturally/linguistically diverse youth and families
  - Support Alternative family structures (partner benefits, paternity leave, etc.)
  - Hiring of paraprofessionals that represent the diversity of the community
- Retaining and Promoting Diverse Staff
  - o Accommodation of cultural practices of minority staff
  - Does the organization work to develop the capacity of people of color to assume increasing levels of responsibility
  - o Position descriptions for senior management include cultural competence
  - At minimum, agency ensures its compliance with nondiscrimination regulations and laws
- Cultural Competence Training Programs
  - Administrators/service providers/program staff continuously learn skills, methods, and information that will help them work more effectively with diverse communities
  - Training includes service needs and barriers, beliefs, customs, norms, within-group diversity, and helping resources
  - Staff are given opportunities to become knowledgeable about federal and state statutes and regulations relating to culturally and linguistically diverse populations

- o Training in cultural competence falls within general training requirements
- Evaluation of Staff
  - o Testing of proficiency and behavioral health knowledge of interpreters
  - o Evaluation of Interpreters solicited from youth and families
  - Evaluation of staffs' cultural competence training needs
  - Cultural competence figures into performance evaluations and advancement opportunities

#### Community & Consumer Participation

- Cultural Brokering
  - o Agency Collaboration with Community Groups and Businesses
    - Does agency have collaborative partnerships with community to implement county, state and national CLC and CLAS Standards
    - Does agency reach out to churches, medicine men, ethnic publishers/radio stations, minority businesses, public human service agencies
    - Agency collaboration with natural networks of support, such as communitybased organizations and natural healers
    - Agency participation in advocacy activities relevant to the community served
  - Community and Consumer Input into Services and Agency Activities
    - Involvement of youth and families in all phases of care
    - Use of community resources and natural supports
    - Representation of persons from diverse backgrounds on policy-making committees/governance boards/board of directors
    - Agency seeks the opinions of the people being served and their families
  - o Staff Members/Administrators Personal Involvement with Community
    - Attendance at functions/forums/festivals with communities of color
    - Agency identifies opportunities for staff to participate in cultural functions, community education activities

# Facilitation of a Broad Service Array

- Appropriateness of Services
  - o Services Based on Community Culture
    - youth/family/community input into services and programs
    - Use of culturally appropriate diagnostic and assessment tools
  - Use of Client's Cultural Strengths and Resources
    - Natural healers and spiritual healers utilized when appropriate
    - Do service providers embrace empowerment as a desirable treatment outcome for people of color
    - Community and natural supports used for transition/re-integration plans
  - Cross-Cultural Communication in Clinical Interactions

- Use of culturally appropriate interviewing techniques
- Service provider interprets behavior and non-verbal communication in the context of the client's culture and cultural group history in relation to social services
- Incorporation of cultural issues into case plans
- Do service providers routinely assess the degree of stress on persons of color arising from race relations and social structures → Acculturative Stressors
- o Management of Care
  - Is the management of the services for people from different groups compatible with their ethnic/cultural background
  - Does the length and level of care meet the needs of clients/consumers from different cultural backgrounds
- Accessibility of Services
  - Supports That Allow Consumers to Use Services
  - Continuity of Care

#### Organizational Resources

- Community-based Resources
  - Access to the expertise of community leaders, elders, key informants, consultants, extended family members, "and other resource persons" in planning programs and delivering services
- Database Systems
  - Computerized database systems documenting the ethnic/cultural characteristics of staff and consumers
- Financial Resources
  - Financial support for cultural competence activities and supports
  - Fiscal support for interpretation/translation services
  - Percentage of paid and volunteer services
- Language and Communication Capacity
  - Types of translated materials and interpretation services
  - Hearing-impaired technologies
  - Number of interpreters and bilingual staff available
  - Funds for language services
- Materials
  - Resources such as media, ethnically/culturally oriented literature, publications, guides, service directories, and service manuals
  - Culturally and linguistically appropriate educational materials and consumer/family surveys
  - Updated list of culturally and linguistically diverse media contacts and organizations