**Cumberland County**

**Contact HELPLINE**: Easy access to customized health, housing, and human services information in one place.

717-652-4400 or 211

<http://www.contacthelpline.org/>

**Crisis Intervention: Cumberland County**

Camp Hill area: 717-763-2222  Carlisle area: 717-243-6005
All other areas: 866-350-HELP <https://www.ccpa.net/2493/Crisis-Intervention>

**Cumberland County Assistance Office:**

717-240-2700 or 1-800-269-0173 <http://www.dhs.pa.gov/citizens/findfacilsandlocs/countyassistanceofficecontactinformation/>

**Cumberland County Children and Youth Phone:**

717-240-6120

16 W High Street, Suite 200

Carlisle, PA  17013

<https://www.ccpa.net/108/Children-Youth-Services>

**Cumberland/Perry CASSP:** CASSP is an acronym for Child and Adolescent Service System Program. CASSP is designed to bring together professionals from all of the child-serving agencies of Cumberland and Perry Counties in a consistent and unified approach to treatment planning and service delivery to children who are experiencing difficulty in any of several developmental areas.

1-888-240-6320 or 1- 866-240-6320

[www.ccpa.net/2489/CASSP-Program](http://www.ccpa.net/2489/CASSP-Program)

**Homeless or displaced resources- Carlisle Cares**- combined area resources for emergency shelter-

50 West Penn Street

Carlisle, PA 17013

Tel: 717-249-1009

[www.carlislecares.org](http://www.carlislecares.org)

**Medical Assistance-** (M.A., Medicaid, or access**)** To apply for Medical Assistance go to [https://www.**compass**.state.pa.us/](https://www.compass.state.pa.us/) or call Pennsylvania COMPASS: 1-800-692-7462

**Medical Assistance Transportation Program (MATP):**

1-800-315-2546

<https://www.ccpa.net/127/Transportation>

**Mental Health/Intellectual Developmental Disabilities Case Management (MHIDD):**

717-240-6320

For mental health call 717-243-6033 (NHS Stevens Center) or 717-763-2219 (Holy Spirit Behavioral Health) and ask for “Intakes”. <https://www.ccpa.net/118/Mental-Health-Intellectual-Develop-Dis>

**Pennsylvania’s Education for Children and Youth Experiencing Homelessness Program**

Sonia Pitzi, Regional Coordinator

717-718-5924

<http://ecyeh.wikispaces.com/>

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**Perform Care Member Services:**

1-888-722-8646

[www.performcare.org](http://www.performcare.org). Click Pennsylvania

**The Arc of Cumberland & Perry Counties:**

<http://www.cparc.org>

**Tri County Community Action Program- Self-sufficiency and resource program**

717-732-1944

<http://www.cactricounty.org>

**Early Childhood Community Links**

<http://www.community-links.net/>

**Resources for Coping with a Crisis**

If you or someone you know is having a mental health crisis, call the crisis line for your county or you can call 911 (e.g. if there is immediate danger of physical harm).

**Crisis Intervention: Cumberland County:** Camp Hill area: 717-763-2222  Carlisle area: 717-243-6005
<https://www.ccpa.net/2493/Crisis-Intervention>

**Contact helpline Carlisle:** 717-249-6226 or 1-800-932-4616

**Holy Spirit Teenline:** 1-800-722-5385

**All other areas**: 866-350-HELP

**National Suicide Prevention Hotlines:**

1-800-273-TALK (8255)

**Online Hotlines**

Chat online at: [www.ImAlive.org](http://www.ImAlive.org) or [www.CrisisChat.org](http://www.CrisisChat.org)

**CRISIS TEXT LINE**

Text “PA” to 741-741