

## **Events for May is Mental Health Awareness Month 2023**

Several counties will be participating in the **Green Light Campaign** for May during Mental Health Awareness Month.

- York County will lead the way for the third year in a row;
- Blair County will be participating, including at an Altoona Curve baseball game;
- Carbon, Monroe, and Pike counties, including a contest; and,
- Delaware County, including "paint your school green."

## **May Calendar of Events:**

- May 2nd YMHFA Training Delaware County
- May 3rd Statewide Event- Be Nice To One Another, And Other Things She Has Learned
   From Kids, Gab Bonesso, Comedian, Motivational Speaker, Writer, and Producer from Noon to 1:30
   p.m. 2023 Virtual Speaker Series.
- May 3rd Statewide Event- Navigating the Juvenile Justice System with a Mental Health Challenge at 7 p.m. Register PA Parent and Family Alliance
- May 4th System of Care Training/ Resource Fair providing an overview of the Child serving systems and community supports/ resources for professionals, caregivers, and the community. Inviting all participants and presenters to wear green to training. - <u>Delaware County</u>
- May 4 9th Annual Greene County Children's Mental Health Awareness Picnic, 3-6 p.m.
   Lion's Club Park Waynesburg PA Green County
- May 4th Let's Talk About Suicide \$30. Register. Youth Move
- May 5th Let's Talk About Stigma FREE. Register. Youth Move
- May 6th Upper Darby Township Mental Health and Wellness Fair providing information and resources on the county child-serving systems. - Delaware County
- May 7th Sponsoring Child Guidance Resource Centers Superhero Mental Health/Wellness Fair and 5k Walk/Run. <u>Delaware County</u>
- May 10th Statewide Event- Overcoming the Social Stigma at 12 Noon Register PA Parent and Family Alliance
- May 11th "Paint your school green" Inviting all schools to wear and cover their schools in all green. - <u>Delaware County</u>
- May 12th Trauma 101 training. Delaware County
- May 15-16th Family Roadmap Training. Delaware County
- May 17 CSP Recovery Conference, Lion's Club Park Waynesburg PA Green County
- May 17 to May 19 WRAP Seminar I Training - FREE. Register Youth Move
- May 18th Marcus Hook Elementary School Resource Fair Youth Move
- May 20th Sponsoring Delaware County Suicide Prevention and Awareness Task Force 5k Walk/Run <u>Delaware County</u>
- May 20th Beaver County Bounce Back Event Youth Move
- May 23rd **Trauma 105** Delaware County
- May 23rd Beacon Health Options TAAGs Mental Health Awareness Walk Youth Move
- May 25th Statewide Event- Jamal Ford and Kevin Puskaric, <u>Is it Substance Abuse, is it Mental Health, or is it Both?</u> Noon to 1:30 p.m. 2023 Virtual Speaker Series
- May 26th Altoona Curve baseball game Blair County
- May 31st Crisis Services Training (Tentative) <u>Delaware County</u>