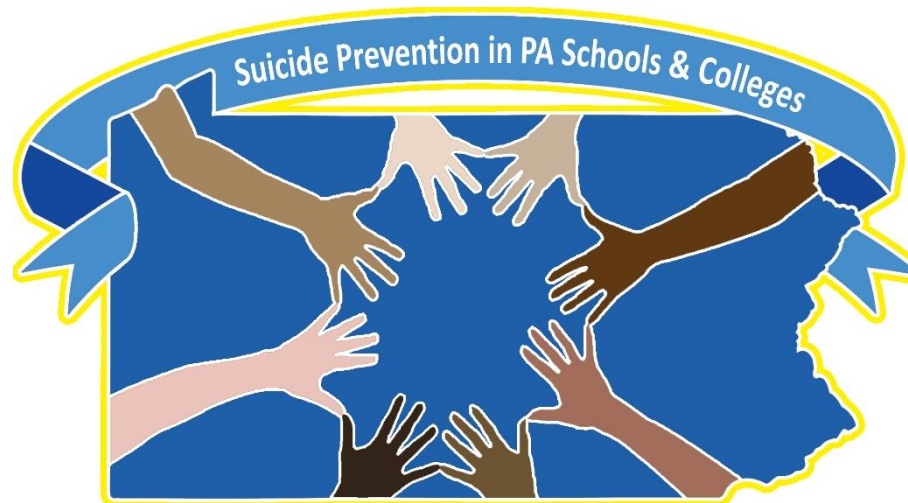


Garrett Lee Smith Youth Suicide Prevention Grant in Schools & Colleges



This powerpoint was funded under award SM061750 by the Substance Abuse and Mental Health Services Administration (SAMHSA). The views expressed herein do not necessarily reflect the official policies of the Department of Health and Human Services, nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government. Additionally, the Garrett Lee Smith grant team does not specifically endorse any one model or program related to suicide prevention.

▶ Youth Suicide in Pennsylvania

1 in 6 youth seriously considered suicide



1 in 8 youth had a suicide plan



1 in 10 youth attempted suicide

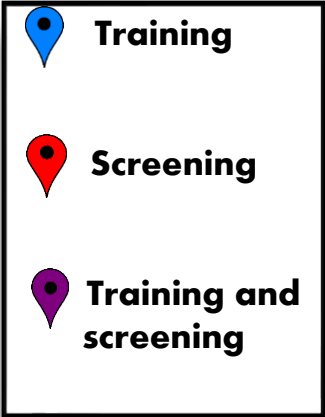


(Pennsylvania Youth Survey, 2017)

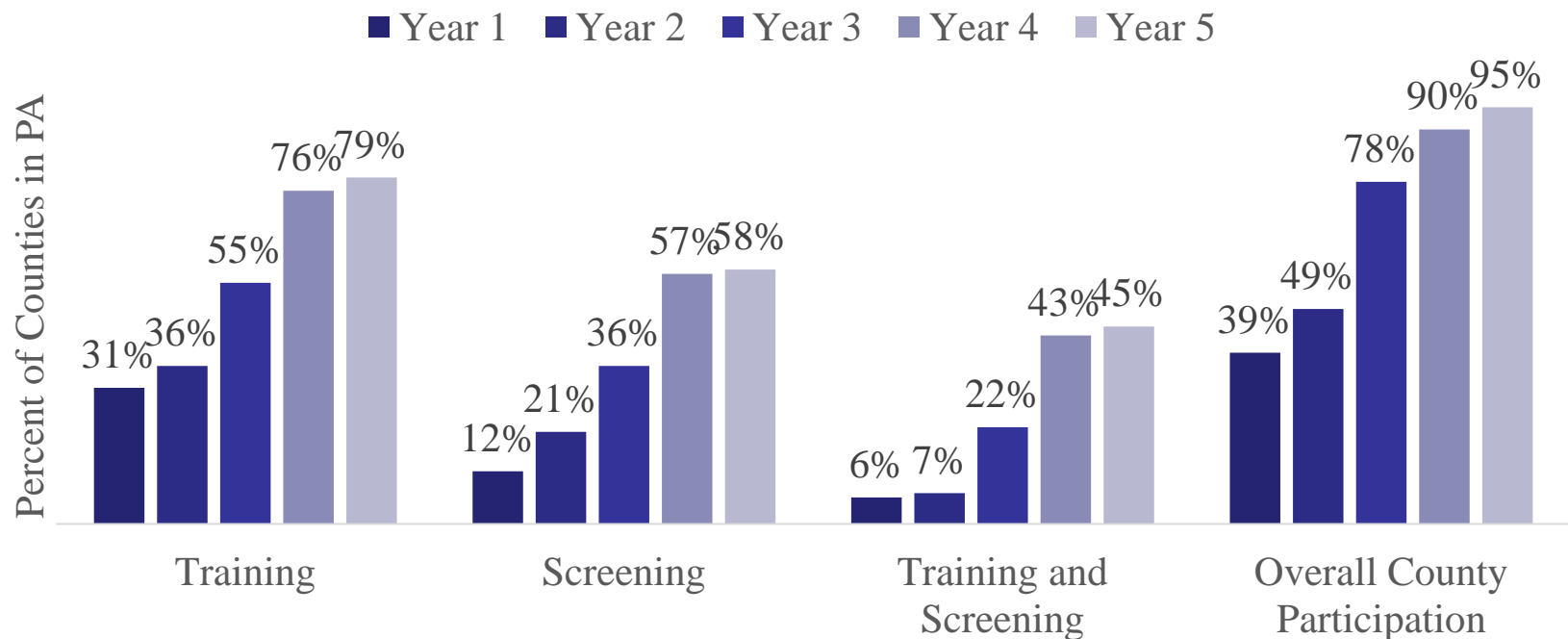
Project Goals

- Increase the number of
 - staff in schools, colleges, and universities trained to identify/refer youth at risk for suicide
 - youth screened and referred for treatment
 - clinical service providers trained to assess, manage, and treat youth at risk for suicide
- Increase awareness about youth suicide prevention among youth, families, educators, and community members
- Implement sections of the *2012 National Strategy for Suicide Prevention* to reduce rates of suicidal ideation, attempts, and deaths
- Promoting state-wide, systems-level change to advance suicide prevention efforts

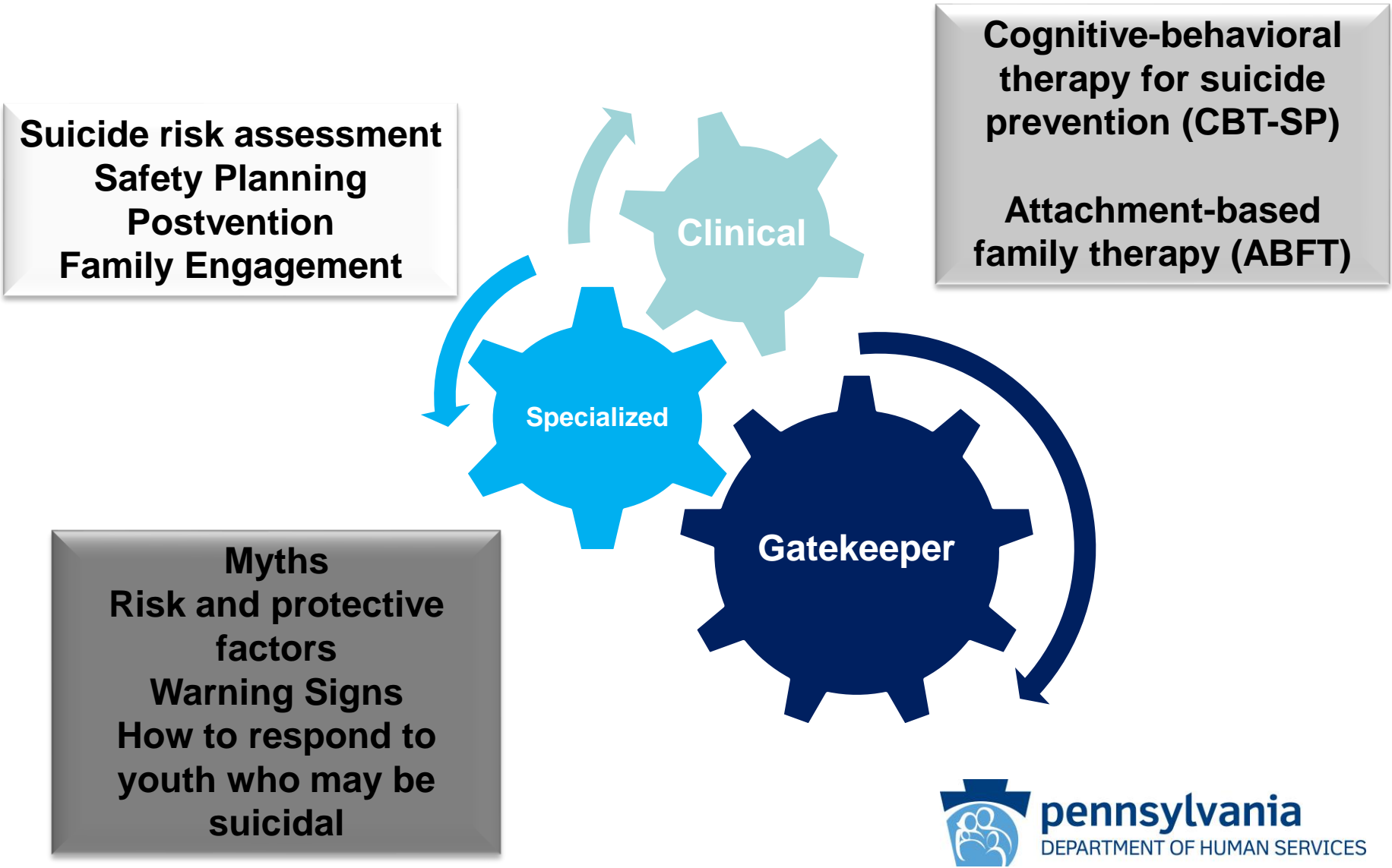
Implementation of Training and Screening



County Participation and Implementation



Suicide Prevention Training Topics

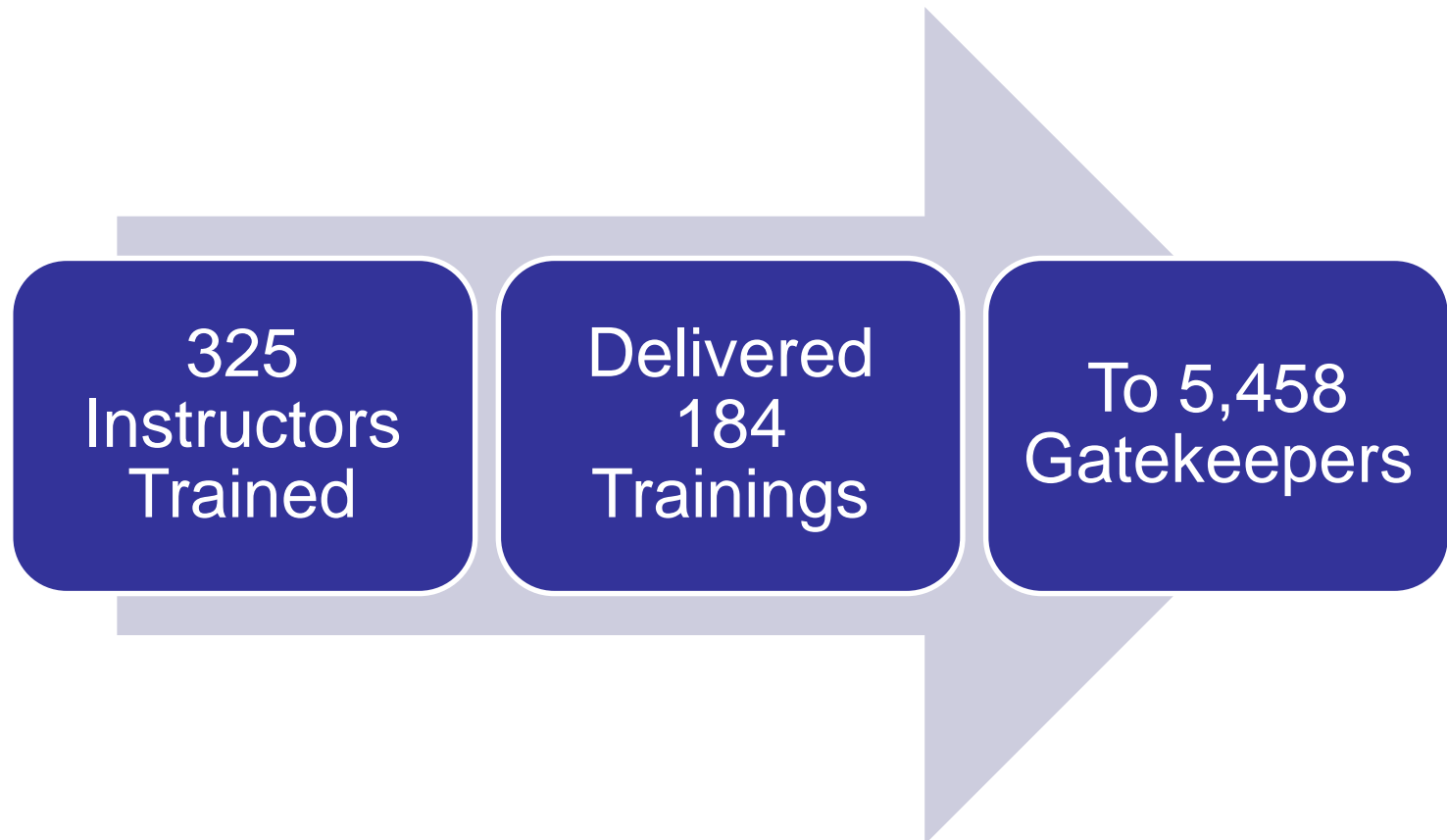


➤ Question, Persuade, Refer (QPR)

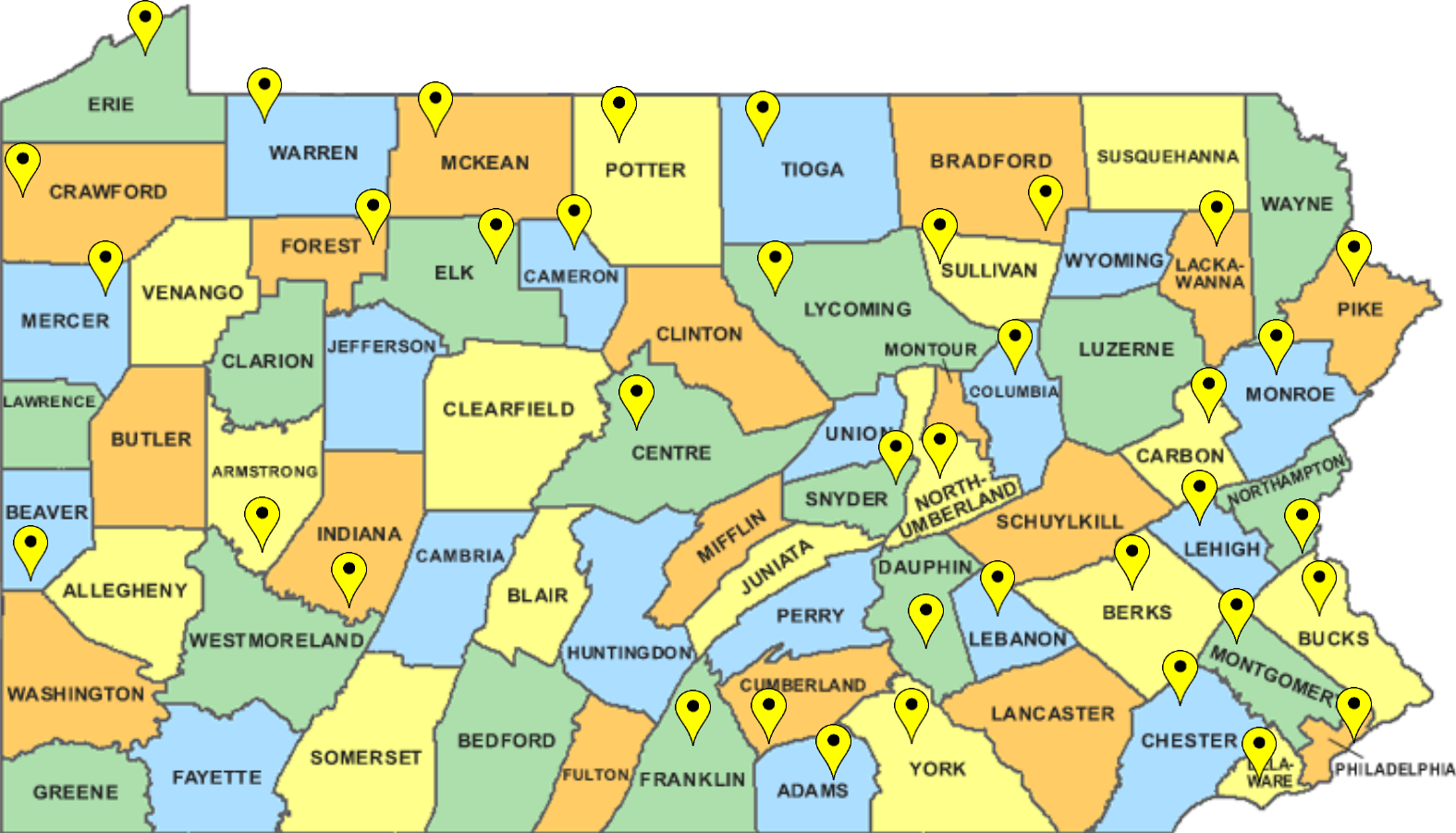
Gatekeeper Training: Designed for anyone who is strategically positioned to recognize and refer someone at risk of suicide (e.g., parents, friends, neighbors, teachers, coaches, caseworkers, etc.)

- **Question**
The individual's desire or intent regarding suicide
- **Persuade**
The individual to seek and accept help
- **Refer**
The individual to appropriate resources

QPR Instructors and Gatekeeper Trainings



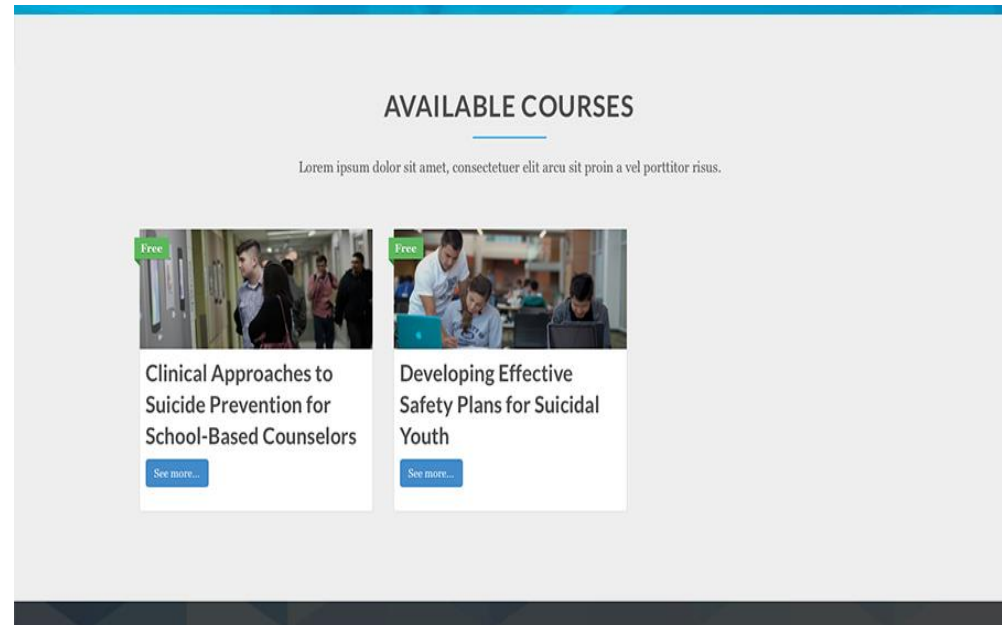
QPR Instructor Locations



Copyright 2005 digital-topo-maps.com

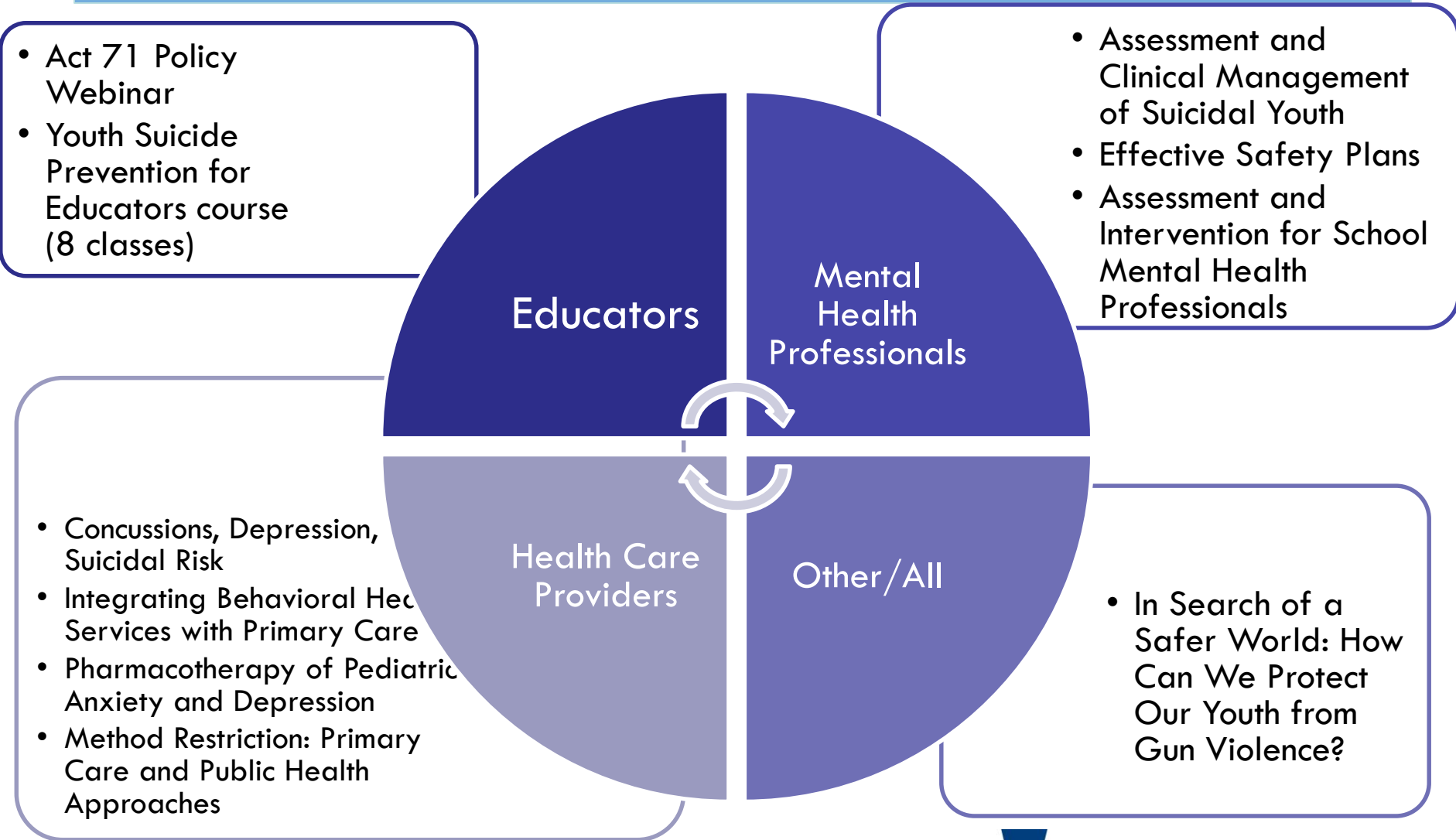
Suicide Prevention Online Learning Center

- Trainings based on role
- Courses/classes
- Pre-test/post-test
- Certificates of completion
- Print transcript for Act 48 credit



www.preventsuicidepalearning.com

▶ Online Courses Available



Suicide Prevention Online Learning Center

Get To Know Us



6208

ENROLLED LEARNERS



From

60+

SCHOOLS, COLLEGES &
ORGANIZATIONS



15

COURSES



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Behavioral Health Screen

- BH-Works™ screens for risk behavior and psychiatric symptoms
- Clinically validated scales (ages 12-24) that are predictive of risk behaviors (Diamond et al., 2010)
- Standardizes screening questions across providers and patients
- Covers areas recommended by the American Academy of Pediatrics as best practice guidelines for a well-visit interview
- Web-based tool that takes 7 - 10 minutes
- English, Spanish, Korean, or Mandarin
- Adult, Adolescent, School, and Emergency Department versions available
- Can track changes over time and can aggregate and export data

➤ BHS – A Broad-based Tool

- **Web-based screening** efficiently addresses identification and prevention by
 - Covering 13 Domains in approximately 7 minutes
 - Identifying Critical Issues:
 - Suicide, Violence, Gun Access
 - Automatically Scoring:
 - Depression, Suicide, Anxiety, Trauma, Substance Abuse, Eating Disorder
 - Identifying Risk Behaviors:
 - Substance Use, Safety, Bullying
 - Identifying Patient Strengths:
 - Grades, Exercise



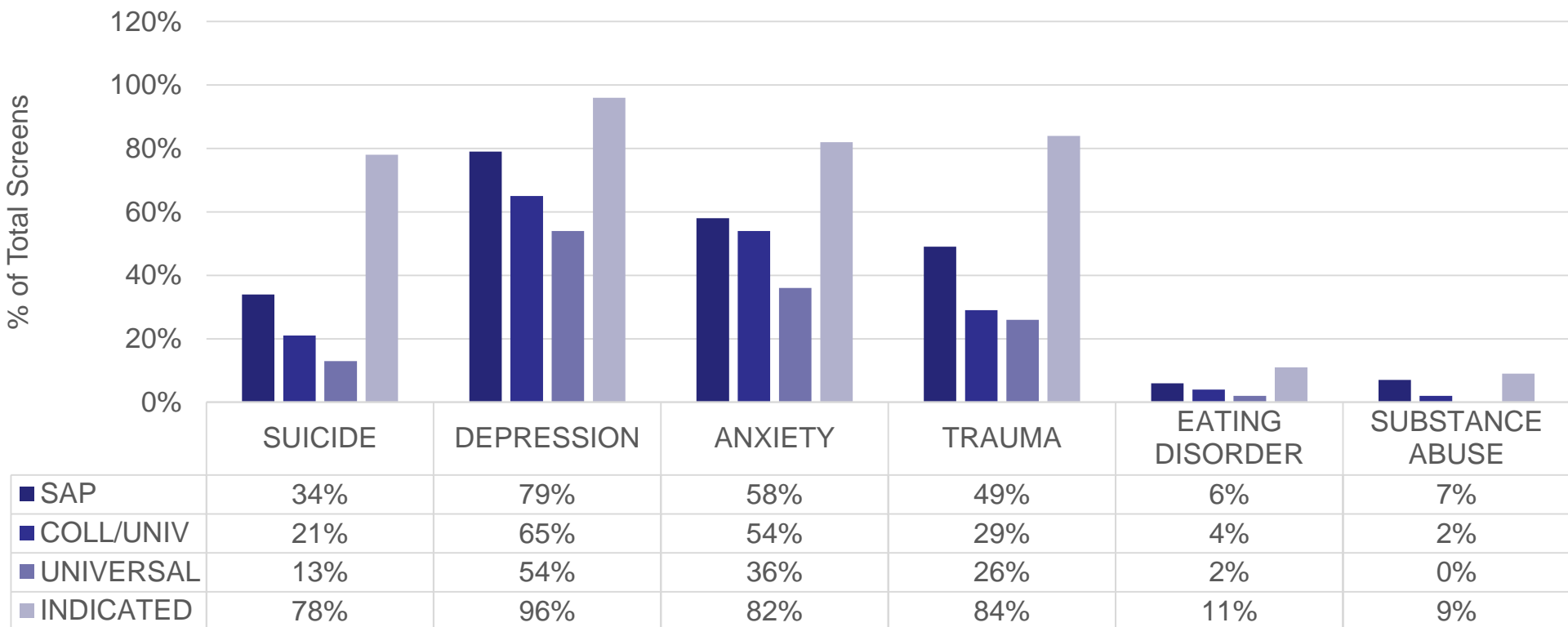
SAP Agency Partners

- Adams/York (True North Wellness Services)
- Bedford/Somerset (Bedford/Somerset DBHS)
- Bradford/Sullivan (Merakey Bradford/Sullivan)
- Bucks (Council SEPA)
- Butler (Center for Community Resources)
- Clarion (Center for Community Resources)
- Clearfield/Jefferson (Clearfield/Jefferson D&A Commission)
- Clearfield/Jefferson (Community Connections of Clearfield/Jefferson Counties)
- Columbia/Montour/Snyder/Union (CMSU)
- Dauphin (Dauphin Co D&A)
- Dauphin (Keystone Human Services)
- Erie (Erie Co Dept of Human Services MH/ID) -8 agencies
- Fayette (Fayette D&A)
- Franklin/Fulton (Healthy Communities Partnership)
- Greene (Greene Co.)
- Lackawanna/Susquehanna (Merakey Lackawanna)
- Lackawanna/Susquehanna (Friendship House)
- Lancaster (PA Counseling Services)
- Lebanon (Empower the Mind)
- Luzerne/Wyoming (Children's Service Center)
- Mercer (Mercer County BH Commission)
- Montgomery (Merakey Montgomery)
- Montgomery (Aldersgate)
- Montgomery (Creative Health)
- Montgomery (Carson Valley)
- Philadelphia (Merakey Philadelphia)
- Philadelphia (CORA)
- Philadelphia (Einstein)
- Philadelphia (Shalom)
- Potter (Dickinson MH Center)
- Schuylkill (Child & Family Support Services, Inc.)
- Venango (Venango County Human Services)
- Wayne (Wayne Co Office of BPDEI)

Screening Implementation


Over 18,000 youth have been screened through GLS efforts

SUICIDE IDEATION AND RISK FACTORS
Year 4

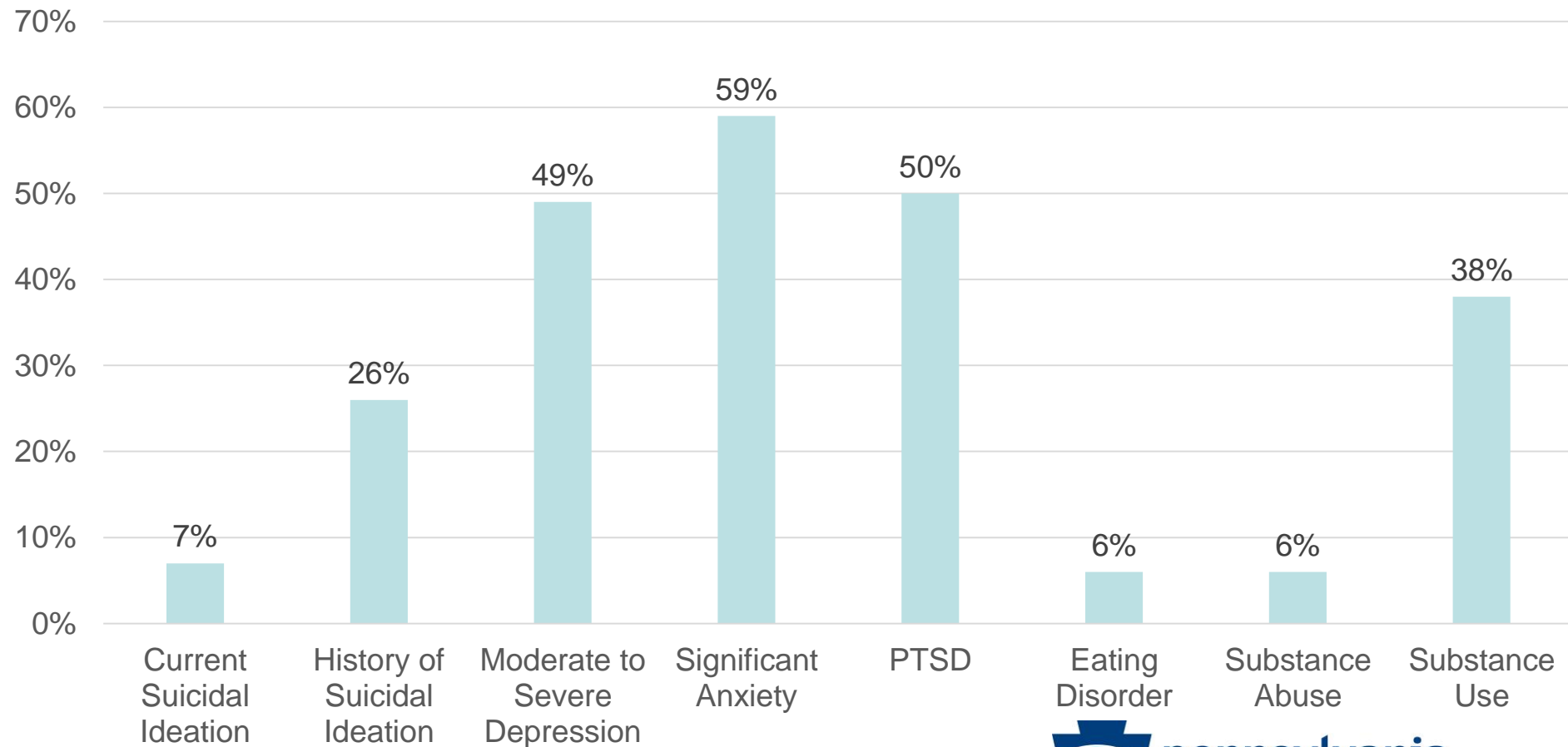


▶ Screening through Student Assistance Program

- 42 SAP agencies participating in 34 counties (51% of PA counties)
- Participating agencies serve over 300 school districts (60% of the total number of school districts in PA)
- Over 12,500 SAP screens using BH-Works have been completed as of June 2019
- Over 9,800 students have been referred for services



SUICIDE AND RELATED RISK FACTORS ENDORSED BY STUDENTS IN SAP (N = 12615)



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Student Education and Awareness

- Partnerships with Aavidum and the Jana Marie Foundation
 - Aavidum mental health curriculum
 - Jana Marie Foundation “Mind Matters” curriculum
- Student Education Resources
 - Resource document developed in collaboration with Prevent Suicide PA and PDE
- Awareness activities
 - Annual suicide prevention public service announcement contest for high school students



[2019 PSA Contest Winners](#)

GLS 4 – Proposed Goals

- **Goal #1:** Promote early identification and referral of youth at risk of suicide within youth-serving systems, including schools, colleges, and primary care (Tiers 1 and 2).
- **Goal #2:** Increase capacity-building among behavioral health providers to screen, assess, manage, and treat youth at risk of suicide (Tiers 1 and 2).
- **Goal #3:** Expand partnerships to support care transitions, reentry, and follow-up for youth admitted into and discharged from hospitals and treatment centers (Tier 2).
- **Goal #4:** Develop a comprehensive and sustainable statewide model for continuity of care for youth at risk of suicide based on lessons learned from targeted county-level efforts.

Crisis Resources

CRISIS TEXT LINE |

Text "PA" to 741741
Free, 24/7, Confidential



For more information or to learn how you can prevent youth suicide, please go to:

<https://www.preventsuicidepa.org/>



PREVENTSUICIDE**PA**

> Contact Information

Perri Rosen, PhD, NCSP

Project Director, GLS Youth Suicide Prevention Grant
Department of Human Services
OMHSAS Bureau of Children's Behavioral Health

(717) 772-7858 – phone
(717) 303-4611 – mobile

c-prosen@pa.gov