

May is Light the Way for Mental Health Awareness Month



GREEN LIGHT CAMPAIGN: MONDAY, MAY 6TH
TO SUNDAY, MAY 12TH



Monday, May 6th at 11:45 AM: Mental Health
Awareness Walk. Join us at 100 W Market St for
a short walk around downtown.



Saturday, May 11th Join us for the York
Revolution Game at 6:30 PM (Gates Open
at 5:30 pm) There will be vendors,
games & giveaways.



Change a light bulb to **GREEN**
to help spark the conversation
about mental health. Keep it glowing
from Monday, May 6th to Sunday, May
12th.

Share your photos using the
hashtag **#LightTheWay4MH**



www.LightTheWay4MentalHealth.org
Crisis Phone Lines: Wellspan 1-800-673-2496
TrueNorth 1-866-325-0339
Crisis Text Line: text "**HELP**" to 741741