



Luzerne-Wyoming Counties System of Care www.lwsoc.org

Pennsylvania County Collaborative Call

May 28, 2019

Introductions

- ▶ Joe Kloss - Luzerne-Wyoming Counties System of Care
 - ▶ Project Director
- ▶ Rose Daniels - Youth Advocacy Squad
 - ▶ *Youth Lead*

Topics to be explored today

▶ Youth Driven System

- ▶ Challenges along the way
- ▶ Successes
- ▶ Youth Advocacy Squad

▶ Creating a Trauma Informed System

- ▶ Our work with Lakeside Global Institute
- ▶ Our policy change(s)
 - ▶ Trauma Aware Policy
 - ▶ Trauma Informed Policy (future)
- ▶ Our vision to expand from child-serving systems to all systems



Mission Statement

The *youth*, family, and system leaders will work as *equal and trusted partners* in creating sustainable change which will empower youth, families and all youth-serving systems to be responsible and accountable for outcomes that lead to the fulfillment of hopes and dreams.

Youth-Driven System

- ▶ Successful & Meaningful Recruitment,
- ▶ Creation & Growth of the Youth Drop-In Center,
- ▶ Commitment to having Youth-Driven Activities, along with services,
- ▶ Working with key stakeholders to assist the YYA in growing and concurrently assisting the respective system partners to grow,
- ▶ Accepting there is a learning curve, and a
- ▶ Commitment to continue to grow.

Everyone has a story,
What will you do with yours?

www.lwsoc.org/yas

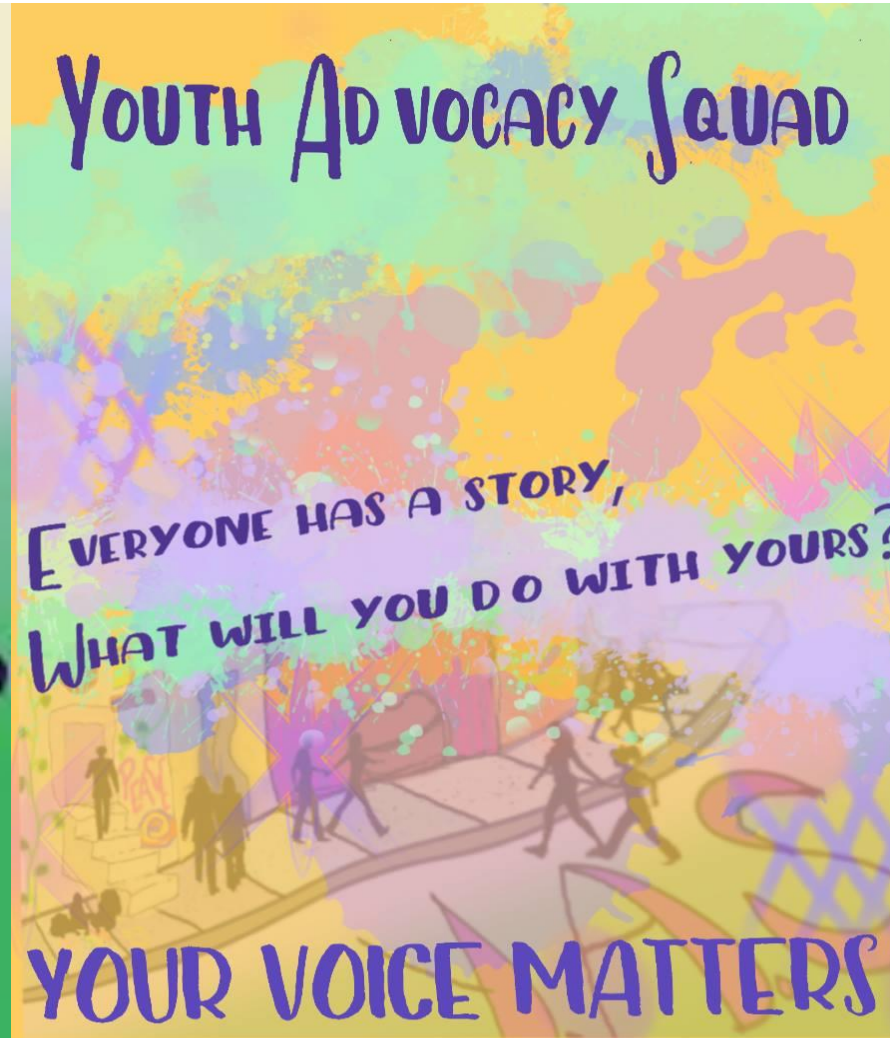
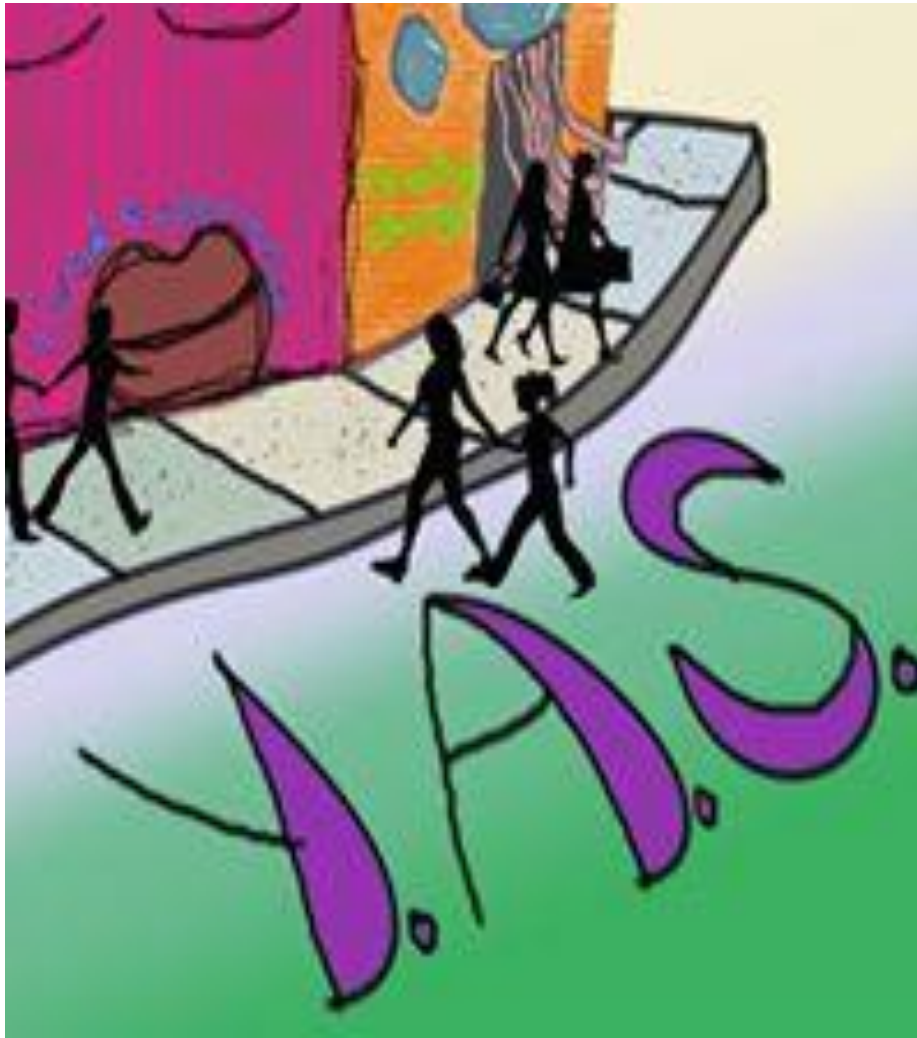
Youth Advocacy Squad
#YASForwardAlways (Y.A.S.)

WHERE WE BEGAN

- October 2015 Luzerne County became a System of Care County under the PA System of Care Partnership
- January 2016 Luzerne County's first County Leadership Team
We had 2 youth sitting on this team
- September 2016 SAMHSA funded the Erie-Luzerne SOC Initiative
Creation of a Youth Task Lead position
- October 2016 Youth Drop In Center Committee formed
- June 2017 Youth Drop In Center opens
- August 2018 Rose Daniels & Lee Piechota hired as Youth Task Lead

YOUTH ADVOCACY SQUAD

#YASFORWARDALWAYS

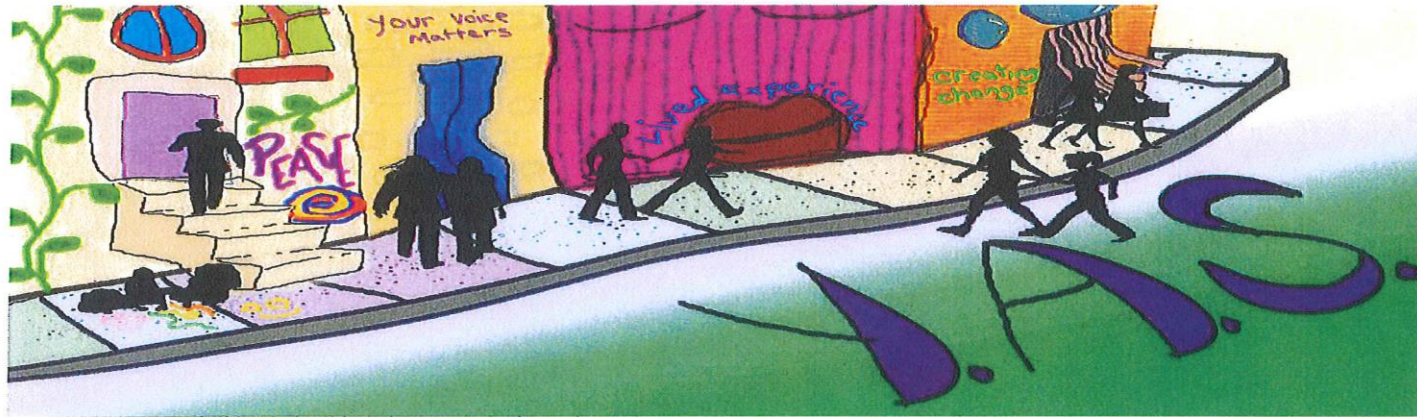


WHO WE ARE

Y.A.S. Youth Advocacy Squad

Luzerne-Wyoming counties systems of care

Everyone has a story,
What will you do with yours?



Who are the Y.A.S.?

We are a team of empowered Youth and young adult leaders. We come together and use our lived experience to empower and advocate for other youth. Our stories are shared with our community through the ideas we create and set out to accomplish. Having Youth voice at the table of important conversations with the people who can make a change with us helps strengthen our community, services, and the people they serve.

We want to make a change by engaging with the youth of our community by educating, supporting and advocating for better outcomes.

Contact us: [Facebook.com/Youthadvocacysquad](https://www.facebook.com/Youthadvocacysquad) or (570) 735-7590 ext. 133

Ask for Rose or Lee

Trauma Informed System

- ▶ Gathering information on options for training and implementation, including using local resources,
- ▶ Interested in doing agency self-assessment,
- ▶ Commitment to have services provided by trauma-informed care staff,
 - ▶ Key stakeholders from our County Leadership Team convened
 - ▶ Discussed the training needs of our workforce
 - ▶ Explored several training entities local & within the State
- ▶ Working with Lakeside Global Institute to provide training and develop local trainers,

Trauma Informed System (cont.)

- ▶ Considering & Implementing Policy Change as it relates to trauma in service delivery,
 - ▶ Development of MOA's
 - ▶ Continuous Quality Assurance
 - ▶ Implementation of Policy Change (Trauma-Aware staff)
- ▶ Continuing to study SAMHSA, State and regional trauma efforts.

Luzerne-Wyoming Counties path to a trauma informed system



GLOBAL INSTITUTE CONTINUUM OF SOPHISTICATION

	Trauma-Aware	Trauma-Informed	Trauma-Sensitive	Trauma-Competent
Training Time Needed (approximate)	2-4 hours	12-15 hours (Six 2.5 hour sessions with outside reading)	40-50 hours (Additional twelve 2.5 hour sessions with outside reading)	120+ hours (Additional twelve 2.5 hour sessions with outside reading)
General Overall Trauma Knowledge	Basic Awareness	Gained more sophisticated information	Becoming more sensitive	Ever-growing knowledge and skill base
Degrees of appreciation for current models	Introduction to the concept that there are several models	Enhanced awareness and understanding of specific approaches	Increased awareness and understanding of somatosensory approaches	Greater awareness and understanding of somatosensory approaches and related skills approaches
Degrees of awareness and understanding of brain development	Very basic understanding of main brain parts and ways each functions	Increased understanding of brain parts, functioning and understanding of brain states	Added appreciation for neurochemicals and neurotransmitters	Increased levels of compassion, sense of sadness, grief for losses trauma causes
Potential impact on participants	Pause when dealing with challenging, difficult or confusing behaviors	In addition to pausing, consider person might have unresolved trauma-related issues	Increased levels of compassion, sense of sadness, grief for losses trauma causes	Greater levels of compassion, patience, tolerance and hope
Expected measurable competencies	Acknowledge existence of trauma and appreciation for impact	Can provide specific basic information about nature and principles of trauma	Can identify key elements of many traumas and impact of each	Can describe in detail the nature of trauma, ways it manifests, etc. Can demonstrate use of trauma-specific skills

Luzerne-Wyoming Counties path to a trauma informed system (cont.)



GLOBAL INSTITUTE CONTINUUM OF SOPHISTICATION

Continuum of Sophistication with Regard to Trauma Education

- Provides a panoramic view of nature of trauma education
- Serves as a construct to enhance overall awareness and understanding
- Not everyone needs to advance along continuum
- Each area represents knowledge levels in multiple trauma-related domains
- As people move along continuum they become increasingly better equipped to meet trauma-related needs
- Non-clinical model to bring levels of trauma education to large numbers of people who impact children and families

global institute

Questions / Feedback

- ▶ Contact us:
- ▶ Joe Kloss, Luzerne-Wyoming Counties System of Care - Project Director
 - ▶ joseph.kloss@luzernecounty.org
 - ▶ (570)408-1332
- ▶ Rose Daniels, Youth Advocacy Squad - Squad Lead
 - ▶ rosedanielsYAS@gmail.com
 - ▶ (570)733-4011

