

Trauma Informed Community?

It's all about the journey.

Crawford County's lessons learned.



Bruce E. Harlan

*Executive Director,
Women's Services, Inc.*

Audrey Smith

*Owner, Therapist
Parkside Psychological*

Sabrina Hornstein

*Family Partner
System of Care*

Joe Barnhart

*Manager
System of Care*



Where is Crawford County?





What are some of the most striking Crawford County Demographics?

- Population 87,000 over 1,000 square miles
- 15% poverty
- Largest city (Meadville), pop. 13,200
- 98% Caucasian
- 1 north-south interstate (I 79)
- 23 Schools with 5,400 students (4 school districts)
- Pennsylvania Youth Survey (PAYS 2015) of 2500 students...
 - 21% of High School students have considered suicide
 - 26% said 'life isn't worth it

A family snapshot



What More Can We Do?

Adopt a Public Health approach to Child Maltreatment & other ACEs by:

- ✧ Screen for ACEs in systems that serve children & families
- ✧ Build capacity to prevent & treat child trauma
- ✧ Increase access to trauma-informed services for children & families
- ✧ Integrate trauma services across family-serving systems



Peace4Crawford

What does a trauma-informed community look like in Crawford County?

UNDERSTANDING THE EFFECTS OF TRAUMA ON THE LIVES OF THOSE WE SERVE

Creating Trauma Informed Systems of Care for Human Services Settings

~ Presented by the National Center for Trauma-Informed Care ~

Co-sponsored by Crawford County Human Services & Western Psychiatric
Institute and Clinic

Wednesday, November 2ND 2011

New Beginnings Church 13226 Leslie Road, Meadville, PA 16335

Registration 8:30 to 9:00 - Training 9:00 to 3:30

Agency staff and other professionals
attend...about 200

Great motivating presenters

Lots of good information

RESULTS

PEOPLE
FIRED
UP!!!

AND...

**NOTHING
HAPPENED**

WHY?

- Some key service system leadership did not attend the training—mostly line staff
- Family and youth stakeholders did not attend—nobody thought of inviting
- One agency promoted training but did not have resources to commit to follow-through
- Absence of a structure and process to move forward

2013 Childhood Trauma Revisited

January 2013 Crawford County System of Care Partnership Created

County Leadership Team Meets Regularly

Audrey Smith & Harry Nelson Coordinate with SAMHSAS for Crawford County Presentation

May-June 2013 SOC Mini Grant: County Leadership Team includes childhood trauma in strategic plan as a key component for addressing across the child serving system

SAMHSA conference to be combined with SOC Kick-Off as a 2 day event in Sept. 2013

Community presentations about the ACE Study prior to conference

Conference actively promoted to the community—transportation and daycare available, free lunch, continuing education credits

Peace4Tarpon

TRAUMA INFORMED BUILDING RESILIENCY

Peace4Tarpon Trauma Informed Community Initiative is a grassroots effort - the first of its kind in the nation.

Peace4Tarpon looks through a “trauma informed lens” to seek the root causes of our most challenging issues rather than addressing symptoms. We are working to create a peaceful and thriving Tarpon Springs.

The Conference

Family, youth, clinicians, educators,
agency staff and leadership
attend...about 190 each day

Great motivating
presenters

Lots of good
information



RESULTS

PEOPLE
FIRED
UP!!!

AND...

SOMETHING HAPPENED

WHY?

- SOC County Leadership Team - Full Support for a Trauma Informed Community
- 2013-14 Community and Agency Training - 28 presentations to more than 600 individuals including: Child welfare workers, D & A staff, juvenile probation, community members, teachers and guidance counselors



Community Coalitions

- *System of Care*
- *PCCD grant*
- *Trauma trainings*
- *Trauma Conferences*

Youth/Family Involvement

Different priorities and different perspectives.



The Crawford County Experience 2013-2019

System, family, youth partners & agency staff learn about the Adverse Childhood Experiences Study and the lifelong impact of childhood trauma.

Public education trainings. More than 7,000 trained.

Adult & Youth Mental Health First Aid.

School trauma-informed self-assessments and action plans.

Suicide prevention through Garrett Lee Smith Suicide Prevention Program and QPR.

Highlights Continued

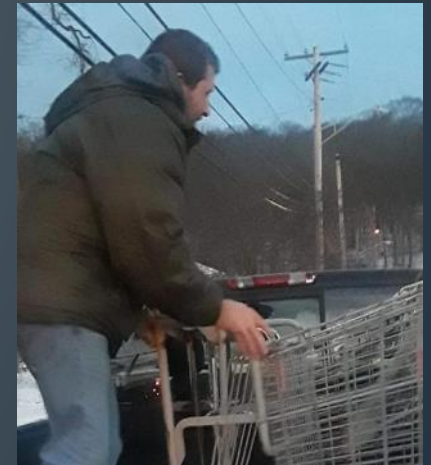
- Keystone Crisis Intervention Team-local countywide crisis created.
- Trauma Informed Community Development Initiative launched.
- Peace4Crawford Strategic Plan
- Community data mapping project
- ACEs training of volunteer trainers
- Community Coordinator



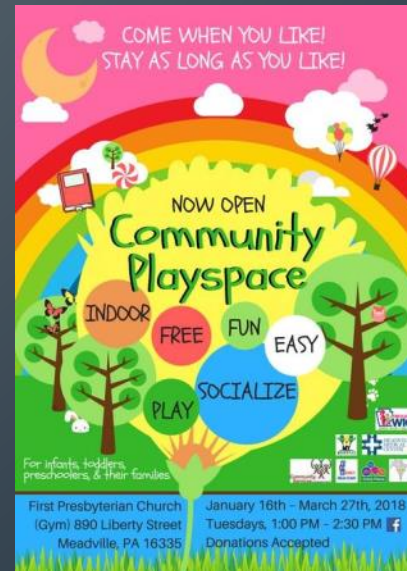
Grassroots Community Engagement

Building relationships and connections in the community.

FLASH-MOB COMMUNITY ACTIVISM



SOCIAL GATHERINGS



The Big Zipper Project





Food 4 Thought is a forum to nurture grass roots action toward a well fed, well educated, and resilient community.



Film 4 Thought provides community and family engagement around films that grow thoughtful conversations in an accessible and pro-social atmosphere.

FILM 4 THOUGHT

THURSDAY SEPT 21	THURSDAY OCT 19	THURSDAY NOV 16
Whale Rider 2002 Children's Film and free book! Resilience (2006) <i>Trailblazers in pediatrics, education, and social welfare use cutting-edge science and field-tested therapies to protect children from the effects of trauma and the legacy of a childhood that no child would choose.</i>	Akeelah and the Bee 2006 Children's Film and free book! 13th (2016) <i>An in-depth look at the prison system in the United States and how it reveals the nation's history of racial inequality.</i>	Fantastic Mr. Fox 2009 Children's Film and free book! Schools of the Future (2016) <i>Test scores show American kids lag far behind and the goal of getting kids ready for college and the workforce gets harder by the day. Can science reveal how kids' brains work and which techniques inspire growing minds?</i>

FREE DINNER • from 5-6 p.m. at DIAMOND PARK
(Rain location: Unitarian Universalist Church)
NO ADMISSION CHARGE • DISCUSSION TO FOLLOW
Donations are welcomed • Please join us after the film!

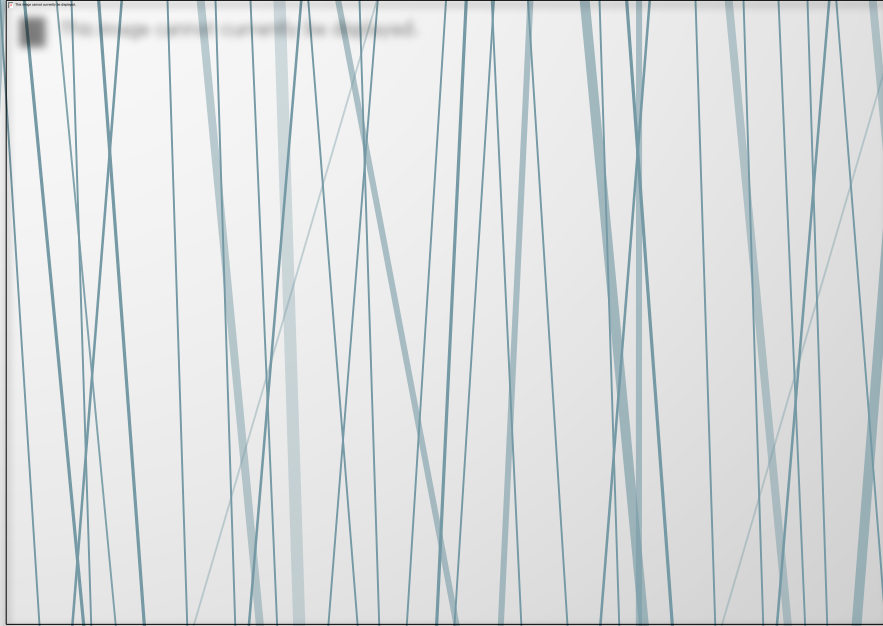
Sponsored by: Allegheny College • Community Wellness Initiative • Crawford Central School District
 Crawford County READ • Crawford County SURL • Creating Landscapes for Families • Going Places • Headville Medical Center
 Headville Neighborhood Center • My Headville • Parkside Psychological Associates • Women's Services

6:00 pm • PARK AVENUE CINEMAS
 960 Park Ave., Meadville PA

A Time Bank is formed whenever individuals or organizations agree to earn and spend Time Bank Hours to meet the needs of friends, neighbors, and the larger community.

REDEFINING WORK:
Building community is real work, Time Dollars recognize and reward that work.





Ongoing Projects

What are we working on right now?

Creating a visual, geographic display of crisis hotspots throughout Crawford County.

Integrating a fragmented system of care: A platform for contextualization of community wellness data in rural, Northwestern PA



Valerie Hurst '18, Ashley Weibel '18, Rebecca Dawson, PhD MPH., and Chris Shaffer, MS

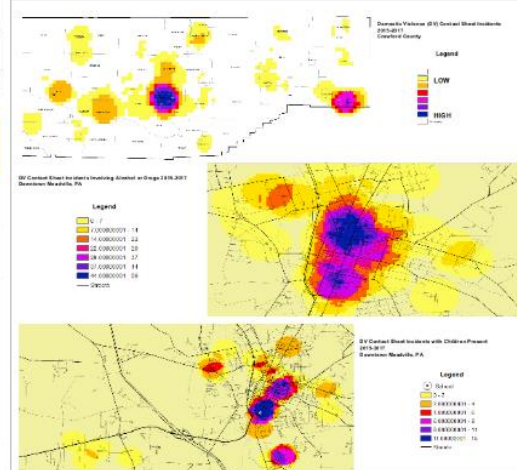
Crawford County

Crawford County is located in Northwestern Pennsylvania and has a population of approximately 89,000 residents. The city of Meadville (population 13,000) is the county seat. Demographically, the county is predominantly white. The median household income falls just above \$44,500 annually; 29 percent of the population in Meadville and 14.7 percent of surrounding Crawford County live below the poverty line.¹



Objective

Visualize community needs by using GIS software to document the occurrences of trauma and other adverse events. Service providers as well as policy makers and hospital administrators will use this data to make decisions about resource allocations. Ultimately our goal is to improve community wellness and the prevent trauma.



Methods



Challenges & Limitations

We have overcome numerous challenges during this process and find it important to share with others what barriers exist.

1. Legal restriction of information
 - o HIPAA and FERPA
2. Lengthy development of community partnerships
3. Differing formats of data storage and types of data collected across providers
4. Available data exists at various geographic levels
 - o County, Municipality, Zip code, Census tract
5. Repeat service users and inability to identify individuals across different service providers
 - o Requirement of unique identifiers to protect names
6. Privacy of location data
 - o Anonymization and masking procedures
7. Ensuring secure protocol for data transport and storage
 - o Computer servers, Thumb drive

Findings & Implications

DV contact sheet Data Source: Crawford County Office of the District Attorney
Preliminary findings from GIS analysis of DV incidents indicate regional trends.

- Population centers of Meadville and Timineville experience higher rates of DV
 - 29.19% of DV incidents in Crawford County from 2015 to 2017 involved drugs or alcohol
 - Fifth Ward and central downtown regions of the city of Meadville have higher rates of DV that involve drugs or alcohol
 - 12.83% of DV incidents in Crawford County from 2015 to 2017 had children present
 - Apartment complexes and elementary school catchments may influence perpetration of children witnessing DV
- Future GeoStory Investigations
- Partner with professionals from Women's Services to provide further regional context, understand

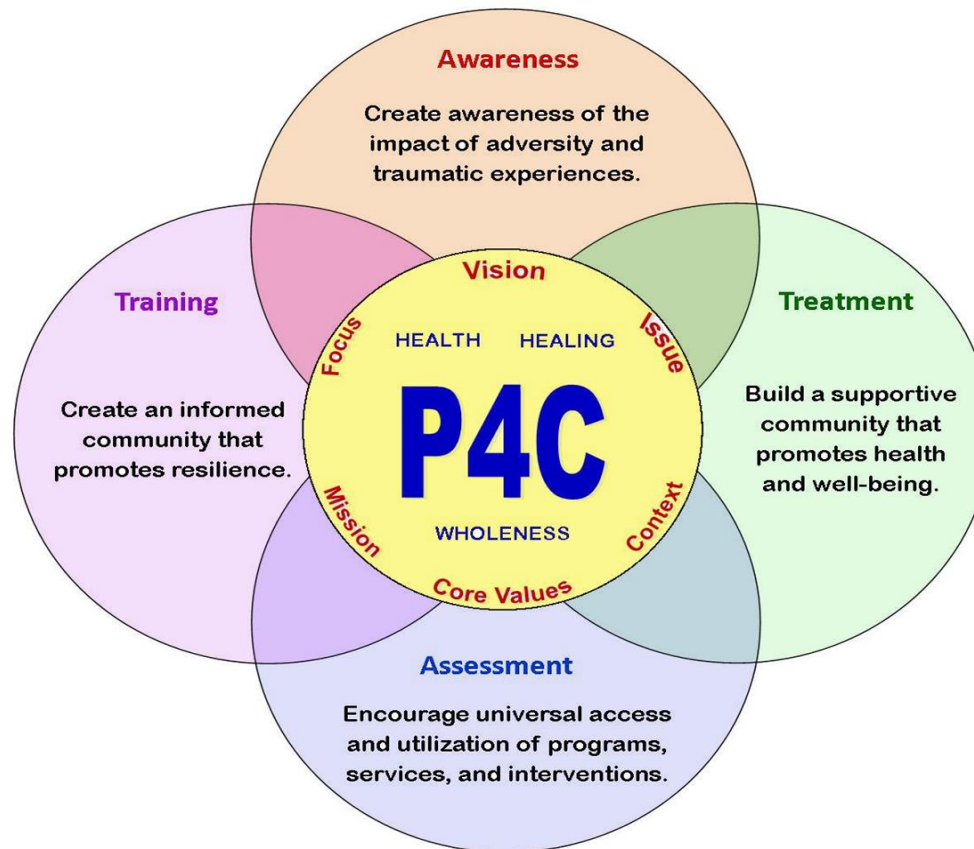
2015	325
2016	378
2017	232
Total	935

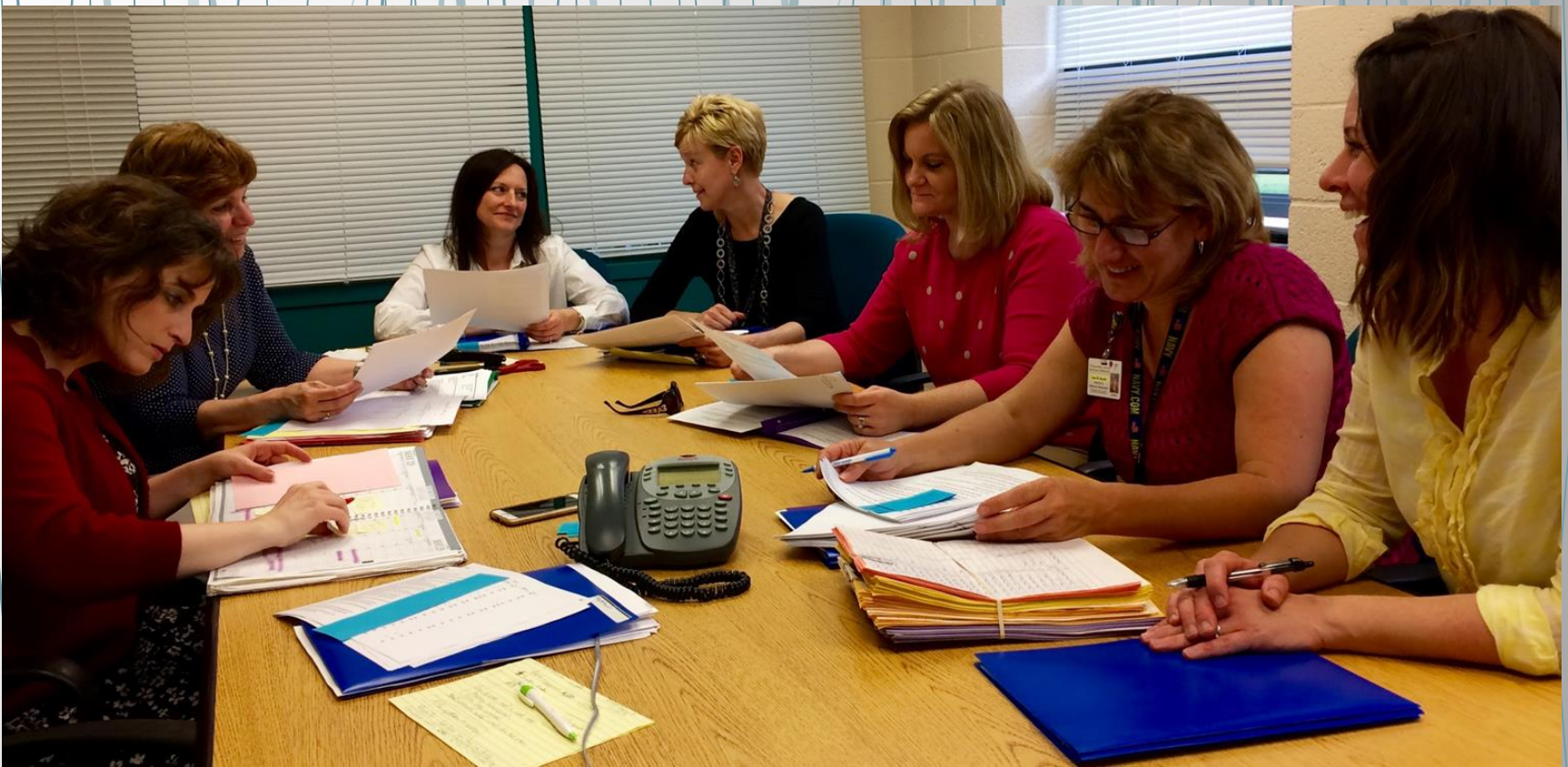
Acknowledgements & Citations

We would like to thank Crawford County Systems of Care for providing this opportunity. Specifically, we thank Maria Mettelie, Peter Zummer, and Joe Bauhauser for their support. This project was largely funded by Crawford County Department of Human Resources, and was. We would also like to thank Becky Dawson, Chris Shaffer, and our colleagues at Allegheny College for their assistance. Lastly, this work would not be possible without our cooperative and receptive community partners. This project is largely funded by Crawford County Department of Human Services, and supported, in part, by a grant to Allegheny College from the Howard Hughes Medical Institute and the Gail Howe Falcus Fund.

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Peace 4 Crawford Strategic Plan





Getting Started

Forming a Peace 4 Movement in your County

Start with These Resources

- Chronicle of Social Change
- Center for Nonviolence and Social Justice
- 100 Resilient Cities
- Community Resilience Cookbook
- Top 10 Online Resources
- NSVRC Cultures of Care
- ACEs Connection
- National Child Trauma Traumatic Stress Network (NCTSN)

*There is no template.
Every community has to figure out
what works for them.*



Free Technical Assistance

The Substance Abuse and Mental Health
Services Administration (SAMHSA)

<http://www.samhsa.gov>

National Center for Trauma Informed Care

<http://beta.samhsa.gov/nctic>

National Child Traumatic Stress Network
(NCTSN)

<http://www.nctsnet.org>