



Webinar Speaker Series

Training and Resources for Systems, Providers,
Community Agencies, Family, and Youth



Understanding Racial Trauma Among Asian Americans

Presented by Esther Hio-Tong Castillo, Ph.D.

Date:

Thursday, April 29, 2021
2:30 pm to 4:00 p.m. EST

Registration is required for this FREE event:
<https://bit.ly/2OA7Wvk>

The sharp increase in racist attacks against Asian Americans has confronted many with the reality of anti-Asian violence in this country. To discover what we can do to mitigate harm and to improve public health, we have to understand the historical patterns in which Asian Americans have experienced and are impacted by racism. In this workshop, we will draw on the long history of Anti-Asian racism to understand the contemporary impact of race-based trauma on Asian Americans. We will also explore ways to provide trauma-informed care for the Asian American population. This workshop will consist of a brief lecture, storytelling, and Q&A.

Target Audience

All community members, youth and young adults, families, parents, supporters, clinicians, and others interested in the subject are welcome.

Learning Objectives

- Gain a basic understanding of historical patterns of Anti-Asian racism
- Learn about what racial trauma looks like among Asian Americans
- Explore ways to provide trauma-informed care for Asian Americans

NOTE: We are in the process of applying for Continuing Education Credits.

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