

Pennsylvania System of Care Partnership

Expansion and Sustainability Cooperative Agreement Grant Overview

Welcome and Introductions

Shannon Fagan, Director, Bureau for Children's Behavioral Health

Mark Durgin, Project Director, PA System of Care Partnership

Monica Payne, Director of Evaluation

Colleen Igo, System & Community Initiative Manager

Joe Barnhart, System of Care Coordinator

AGENDA

- System of Care Foundation
- Overview of System of Care Expansion and Sustainability Cooperative Agreement Grant
 - ▶ Age Group
 - ▶ Learning Communities
- System of Care Values and Principles
- Planning Process and Services
- Data Collection
- Payment and Reimbursement
- Training and Technical Assistance
- Outline of Grant Submission
- Questions and Answers

PA System of Care Partnership

- 2009 –System Of Care Cooperative Agreement awarded.
 - ▶ 13 counties Joined the grant
- 2011-Expansion Planning Grant
 - ▶ Planning for the future
- 2013- System of Care Expansion and Implementation Cooperative Agreement Grant
 - ▶ 8 counties were part of the grant (6 former and 2 new)
- 15 counties have worked with the Partnership
- 2017 - System of Care Expansion and Sustainability Cooperative Agreement Grant

A System of Care Is...

A spectrum of effective, community-based services and supports for children and youth with or at-risk for mental health or other challenges and their families that...

...is organized into **coordinated networks;**

...builds meaningful **partnerships** with families & youth;

...addresses **cultural and linguistic needs**

...in order to help families function better at home, in school, in the community, and throughout life.

- Systems have a long tradition of serving youth, and are constantly trying to improve;
- They serve many youth and recipients of service generally rate them as being effective.

***Fundamental challenge & rationale
for building SOC:***

**No one system controls everything.
Every system controls something.**



Stages of Integration

Cooperation

- I know what the other people are doing and I am trying to make sure my efforts don't interfere with others

Coordination

- I sat down with the other people and we have worked out a plan together, but I still have to report to my boss and they have to meet their goals

Collaboration

- We put together a jointly operated project in one of the schools so that the social worker, the nurse, and the teacher could all work together on helping parents with special needs

Integrated System of Care

- When a person or family with multiple areas of need make contact with any system at any point, the system helping them has the means to help get support in all of the domains where it is needed

Shift in Roles of Youth and Families

Recipient of service
given info & service
requirements



Participate in
service planning



Lead their own team

Unheard voice in
program evaluation



Participate in
evaluation



Partner in developing
and conducting
evaluations

Recipient of services
& supports



Partner in
planning/developing
services & supports



Service/Support
providers

Uninvited to
training activities



Participate in
training



Partner in developing
training & being
trainers

Angry & resistant



Self-advocacy &
peer support



System-level partner

- The **PA System of Care Partnership (PA CARE Partnership)** is a way of bringing together and empowering youth, family, child-serving system and providers partners based on concepts that are sensible, practical, inclusive, cost-effective and sustainable.
- One of the most significant philosophical changes is the inclusion of youth and families as equal and trusted partners in making decision about services and supports at the individual, county, and state level.

PA System of Care Partnership

- **System of Care works to adjust the way that youth, families, government and communities carry out their responsibilities to each other:**
 - ▶ Youth and families are central to the design, implementation, and operation of services and supports,
 - ▶ Youth and family organizations support individual youth and families, and participate fully in policy and funding decisions,
 - ▶ All child-serving system partners collaborate, share resources and coordinate with one another,
 - ▶ Natural supports are of equal value to formal supports (i.e. paid services), and
 - ▶ Communities are engaged and transformed to be welcoming and supportive of all youth, young adults, and families.

The TA Network, University of Maryland School of Social Work

Target Population

The **purpose** of the Pennsylvania System of Care Partnership Expansion and Sustainability Initiative is to improve **behavioral health** outcomes for children and youth (birth-21) with serious emotional disturbances, and their families. This will be done through the wide-scale operation, expansion, and integration of the System of Care approach.

State Grant Structure

The PA System of Care Partnership (PA CARE Partnership) grant is a part of the Pennsylvania Department of Human Services, Office of Mental Health and Substance Abuse Services (OMHSAS), Bureau of Children's Behavioral (CB) Health. Evaluation for the grant is provided by the Youth and Family Training Institute.

State Grant Time Frame

- The grant began on September 30, 2017.
- Grant year is September 30 to September 29
- Grant is awarded from 2017 to 2021

System of Care Expansion and Sustainability

The Pennsylvania System of Care Partnership (PA CARE Partnership) will build on the work of previous System of Care, and other SAMHSA Grants, to support counties in developing a comprehensive Systems of Care for children, youth, and families within their care.

System of Care Expansion and Sustainability

Anticipated outcomes of the grant:

- Expansion in the number of counties practicing Systems of Care,
- Build a System of Care within the services and supports for youth birth to age 21,
- Increased community understanding of the needs of youth with complex behavioral health problems, and their families,
- Child serving systems in the counties will coordinate their services and supports for youth and families,
- More extensive outreach to identify youth and address the need, especially those who are affected by trauma or are in the early stages of a serious illness,
- State and county youth and family organizations for self-help and advocacy, and
- Sustainable financing = County and Managed Care Organization Engagement.

System of Care Expansion and Sustainability

Each County that is selected to receive funding will benefit from:

1. Consultation of adding to your existing practices to infuse the SOC principles and standards.
2. Support of learning communities (Crawford and York Counties) that can help with understanding expansion and sustainability.
3. Building youth and family voice, etc.
4. Technical assistance in regards to First Episode Psychosis, Early Childhood Mental Health, Trauma Informed Practices, Transition Age Services and evaluation support.

System of Care Expansion and Sustainability

- Support provided by County Peers
 - ▶ 12 years of combined experience implementing SOC in County Government
 - ▶ Lessons learned from integration with other SAMHSA Grants
 - ▶ Guiding from a County to County approach on System of Care
 - ▶ Planning process and service evaluation at county level
 - ▶ Willing to provide support, guidance, and assistance in implementing values and standards
 - ▶ Youth and family at all levels care can be helped through a focus on services to the high-need youth and young adults.

System of Care Core Values

Family-
driven and
youth-
driven

Home- and
community-
based

Strengths-
based and
individualized

Trauma-
informed

Culturally
and
linguistically
competent

Connected
to natural
helping
networks

Data-
driven,
quality and
outcomes
oriented



pennsylvania
SYSTEM OF CARE PARTNERSHIP

www.pasocpartnership.org



The TA Network, University of Maryland School of Social Work
pennsylvania
CARE PARTNERSHIP
DEVELOPING SYSTEMS THAT CARE

Principles Child & Adolescent Service System Program (CASSP)

- Child Centered
- Family Focused
- Community Based
- Multi System
- Culturally Competent
- Least Restrictive / Least Intrusive

System of Care Values

- Family Driven and Youth Driven
- Home and Community Based
- Strength-Based and Individualized
- Trauma Informed
- Culturally and Linguistically Competent
- Connected to Natural Helping Networks
- Data Driven, Quality and Outcomes Oriented

National Core Values Compared to PA SOC Standards

System of Care Values

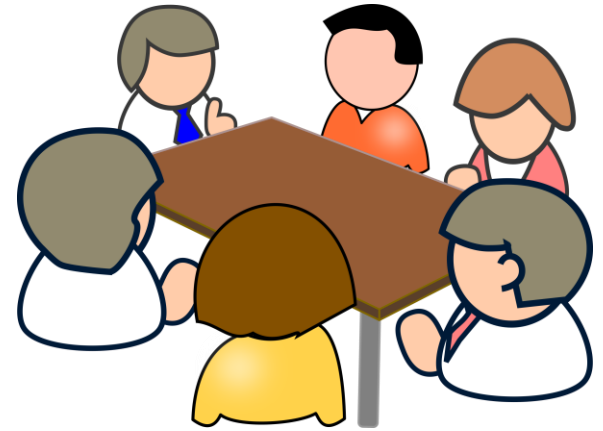
- Family Driven and Youth Driven
- Home and Community Based
- Strength-Based and Individualized
- Trauma Informed
- Culturally and Linguistically Competent
- Connected to Natural Helping Networks
- Data Driven, Quality and Outcomes Oriented

System of Care Standards

- Youth Driven
- Family Driven
- County Leadership Team
- Integration of Child Serving Systems
- Cultural and Linguistic competence
- Youth and Family Services and Supports Planning Process
- Natural and Community Supports
- Evaluation and Continuous Quality Improvement

Team Based Planning Models

- High Fidelity Wraparound
 - Family Group Decision Making
 - Rehabilitation For Employment
- Natural Supports Education Work (RENEW)
- Enhanced Interagency Team Meeting
 - Case Management/Blended Case Management
 - Psych Rehabilitation and Mobile Psych Rehabilitation



Identifying Process Models for Evaluation

Select a process for the evaluation that has consistent contact with youth (0-21) and a caregiver over time (at least 6 months).

Youth enrolled must have a mental health diagnosis but can also have other system involvement.

Consider if there are other data collection requirements that might interfere with this evaluation or over-burden youth and families.

Three Levels of SAMHSA Data Collection

System Level Data

- **TRAC-IPPS** – SAMHSA’s Infrastructure Development, Prevention, and Mental Health Promotion – collected quarterly from counties by the Project Director at the State Level.

Individual Youth and Family Level Data (TRAC-NOMS)

- **Baseline Descriptive and Demographic Form (BDD)** - Provides demographic and descriptive information to SAMHSA and for counties to use to assess their system integration and potential cultural or linguistic disparities.
- **TRAC-National Outcome Measures Interview (NOMS)** - Evaluates individual outcomes, satisfaction, and progress that youth and families experience because the county is implementing a System of Care.

National Evaluation

- Assesses how the System of Care grants across the country are being implemented. Data collection is through interviews and online surveys with grant stakeholders, and some additional questions for caregivers and youth.
- There are 3 self-reports for caregivers and 2 self-reports for youth to fill out at the same time as the NOMS interviews.

Grant Evaluation Targets

Year 1 – 75 enrolled

Year 2 – 125 enrolled

Year 3 – 150 enrolled

Year 4 – 100 enrolled

Target numbers are split between the partner counties. All youth enrolled must be assessed within 30 days of starting a process and then reassessed every 6 months until discharge.

Evaluation Technical Assistance

Evaluation training, interviews, data entry, and continuous quality improvement (CQI) dashboards will be provided by our Central Evaluation Team.

The Evaluation Team will enter data into our local database as well as the national SAMHSA (TRAC) database and prepare evaluation information for SAMHSA progress reports.

Any data-related questions can be directed to our team for support and technical assistance – no question is too big or small, we are happy to help!

Evaluation Training

2-hour
Introductory
Training for
provider
staff
includes the
following
topics:

- Background and context of System of Care
- Purpose and importance of the SAMHSA evaluation
- The referral process
- Review of the consent process and forms
- Review of the payment process
- Meeting the local interviewer and making connections
- Continuous Quality Improvement (CQI) using Data Dashboards

• Data Collection Process

All youth and caregivers who agree to participate in the process/treatment will be asked to participate in the data collection process.



The provider staff members will ask them to complete a Permission to Contact Form that will be faxed to the Evaluation Team.



A local interviewer will contact the family to schedule the interviews in their home or community location depending on the family preference.



Data collection with the youth and caregiver will take around one hour to complete in total.

• Interview Payments

The family member (youth and caregiver) who complete the interview/self-reports will receive \$20

They will be paid for EACH interview that they participate in

All payments will be made on WePay credit cards

These funds come from the Evaluation budget and not your local budgets




• Data Dashboards

We use a
Data
Dashboard
software
through
iDashboards

- Web-based site for each county to view their own data with security-based login and password information
- Connection to our database so that data is updated in real time
- Compatible with all web browsers and mobile devices
- Easy to use and manipulate visual graphics to see the big picture or drill down to individual (de-identified) youth data
- Graphics, tables, and charts can be saved/printed/emailed/embedded in reports for easy distribution of data

Dashboard Hub Menu

 **pennsylvania**
SYSTEM OF CARE PARTNERSHIP

Welcome to the Pennsylvania
System of Care Expansion (PASOC) Project Dashboards

Dashboard Info Click here for information specific to this dashboard.

General Info Click here for general information to the dashboards.

Program Oversight Dashboards

Mental Health Dashboards

Substance Use, Trauma, and Recovery Dashboards

Outcomes Dashboards

National Evaluation Dashboards

Program Oversight Dashboards

- How are youth entering SOC?
- Enrollment by Month
- Enrollment Tracking
- Demographic Characteristics
- Language Information
- Disability Information
- Education and Employment
- Housing Information
- Youth Family in the Military Information

Demographics



pennsylvania
SYSTEM OF CARE PARTNERSHIP

Grant Year **Year 1, Year 2**

Quarter **1st Quarter, 2nd**

County **Crawford, Delaware**

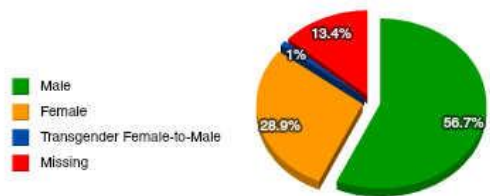
Agency **Crawford-SOC-EX - M**

Dashboard Info

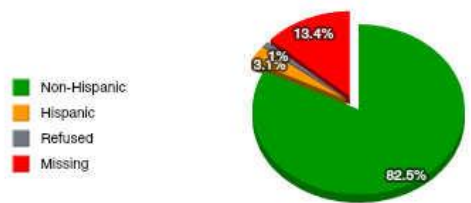
General Info

Total # of enrollments: 97

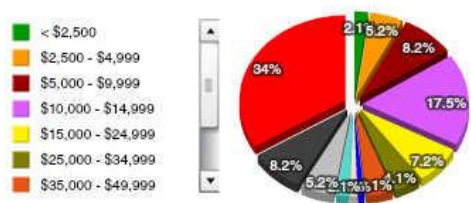
Gender Identity



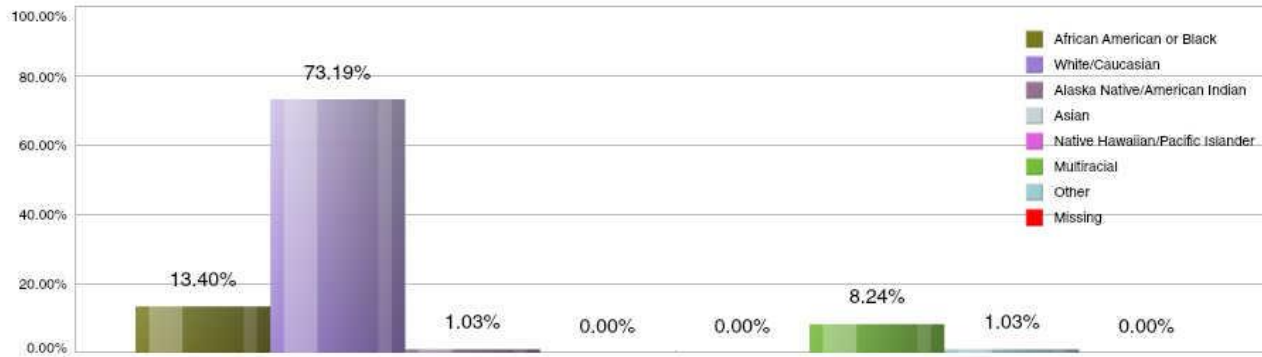
Ethnicity



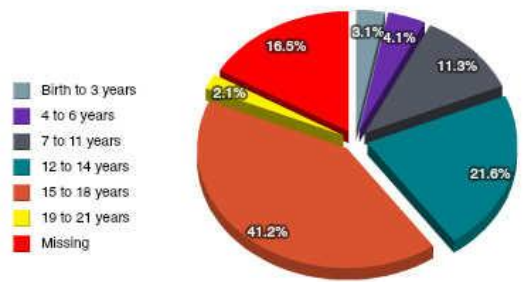
Income



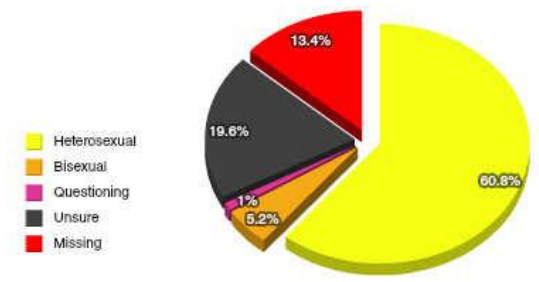
Race



Age Group



Sexual Orientation



pennsylvania
SYSTEM OF CARE PARTNERSHIP

www.pasocpartnership.org



pennsylvania
CARE PARTNERSHIP

DEVELOPING SYSTEMS THAT CARE

Trauma

Trauma History and Symptoms

Dashboard Info

General Info



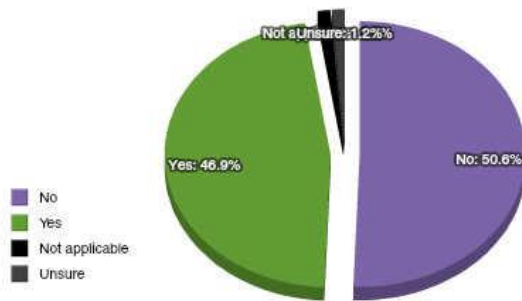
Use these filters to see if the percentage of youth with Trauma changes based on different descriptive or demographic characteristics.

Total # of Youth = 81

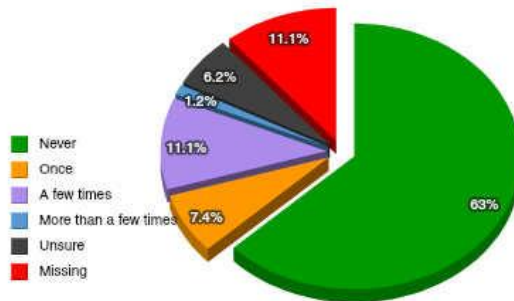
of Youth Experienced Lifetime Trauma = 38

- Grant Year: Year 1, Year 2
- County: Crawford, Delaware
- Agency: Crawford-SOC-EX - M
- Gender: Male, Female, Transgender Male
- Ethnicity: Non-Hispanic, His
- Age Group: Birth to 3 years, 4 to 5 years
- Race: African American or Black, White
- Income: < \$2,500, \$2,500 - \$4,999
- Sexual Orientation: Heterosexual, Gay

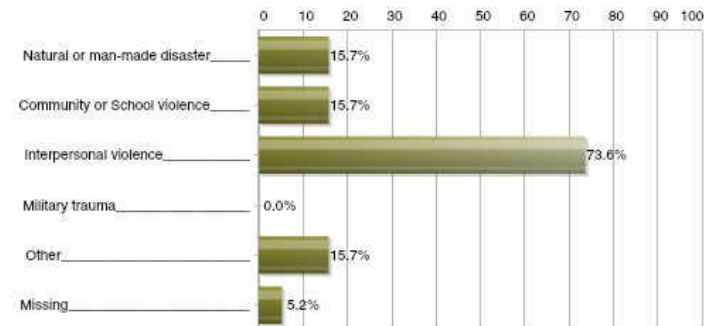
Traumatic Events in Lifetime



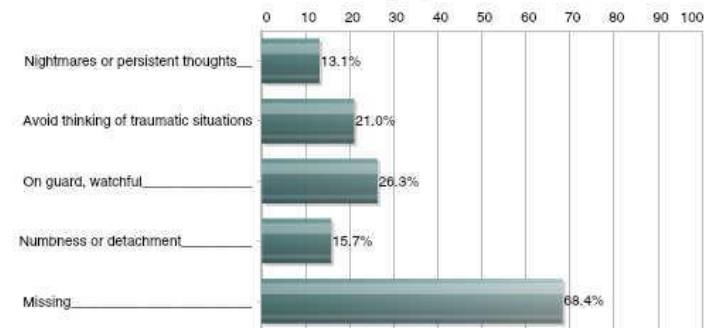
Traumatic Events in 30 days prior to enrollment



Type of Traumatic Events



Trauma-related Symptoms



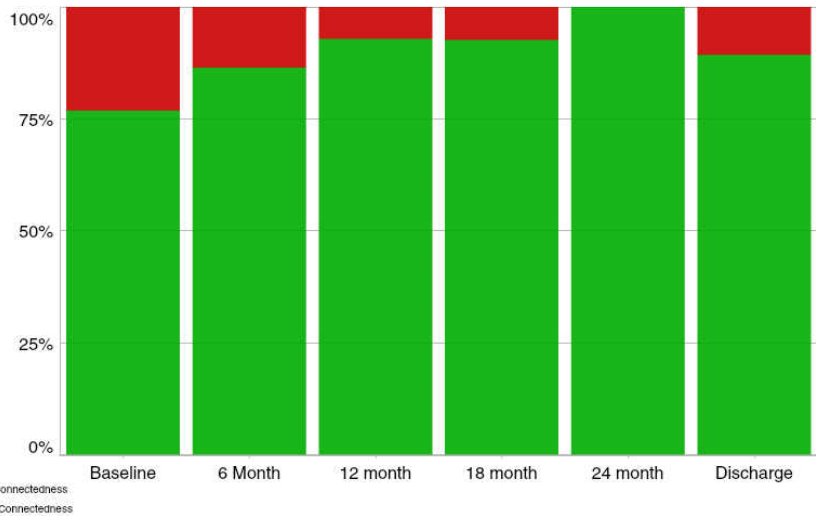
Summary Outcomes



Social Connectedness Outcomes (Baseline to Discharge)

- Grant Year Year 1, Year 2
- County Berks, Bucks, Wj
- Agency Berks-Mobile Psych Rv
- Gender Male, Female, Transgender Male
- Ethnicity Non-Hispanic, His
- Age Group Birth to 3 years, 4 to
- Race African American or Black, White
- Income \$0- \$9,999, \$10,000+
- Sexual Identity Heterosexual, Ga

Youth were asked a series of questions regarding how connected they feel socially:
(Questions were answered on a scale of 1-5 with 5 being the highest level of social connectedness)
Youth is considered to have a positive outcome when the mean of the total valid values is greater than 3.5



Number of Youth with Valid Score

Timepoint	# of Youth
Baseline	233
6 months	111
12 months	56
18 months	27
24 months	10
Discharge	28

[CLICK HERE](#)

For a more detailed view

Individual Youth Outcomes



PA HEALTHY TRANSITIONS
PARTNERSHIP

Daily Functions by Youth ID

County **Berks,Bucks,W** Agency **Berks-Mobile Psych Ri** YouthID **338630003**

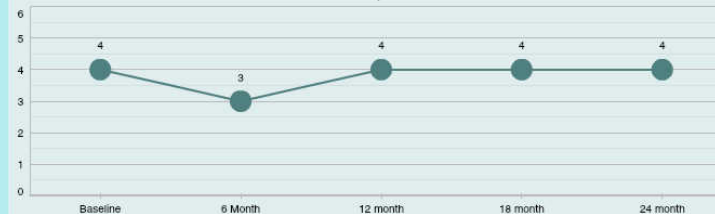
- 5 = Strongly Agree
- 4 = Agree
- 3 = Neutral
- 2 = Disagree
- 1 = Strongly Disagree

How well were you able to deal with everyday life during past 30 days?

Click on an option from the list below to alter the chart

- Effectively deals with daily problems
- Able to control own life
- Able to deal with crisis
- Getting along with own family
- Do well in social situations
- Do well in school and/or work
- Satisfied with housing situation
- Own symptoms are not bothering them

Everyday Life: Effectively deals with daily problems



Score of Positive Daily Functioning



To calculate Score for Positive Daily Functioning at least five of the eight questions have to had valid answers.

Youth to be considered functioning well when the average rating greater than 3.5

National Evaluation Outcomes



Columbia Impairment Scale (CIS) by Assessment

Columbia Impairment Score (CIS) reported by Youth

Total # of Youth = 143

A total score of 15 or higher is considered clinically impaired. Range: 0 - 52.



of Youth with Valid Total Score

Timepoint	# of Youth
Baseline	136
6 Month	33
12 month	16
18 month	0
24 month	0
Discharge	1

Columbia Impairment Score (CIS) reported by Caregiver

Total # of Caregivers = 145



of Youth with Valid Total Score

Timepoint	# of Youth
Baseline	137
6 Month	34
12 month	19
18 month	0
24 month	0
Discharge	0

- Grant Year: Year 1, Year 2
- County: Forest, Northumberland
- Agency: Forest-Forest County, I
- Gender: Male, Female, Transgender Male
- Ethnicity: Non-Hispanic, His
- Age Group: Birth to 3 years, 4 to 5 years
- Race: African American or Black, White
- Income: < \$2,500, \$2,500 - \$4,999
- Sexual Orientation: Heterosexual, Gay

Local Data Collection

In addition to helping you collect and effectively utilize the data from the SAMHSA requirements, it is our goal to also provide assistance collecting meaningful local data that aligns with your county goals and priorities.

- Identify surveys and assessments used by other communities around particular topics of interest
- Help design qualitative data collection strategies (interviews, focus groups, community cafes, etc.)
- Provide strategies for using public county, state, and national data in your leadership committees to spark discussion and planning

Evaluation Expectations and Benefits

Identify appropriate process models and provider partners in your county that can benefit from the SAMHSA data collection

Link the identified providers to the Evaluation Team for training and support them to meet the enrollment/retention targets.

- Enroll at least 30 youth/families per year
- Achieve 80% retention rate at 6-month follow-up

Regularly review county dashboard and scorecard data for training needs, cultural or linguistic disparities, and outcomes

Utilize SAMHSA and other local data for continuous quality improvement and planning with your leadership team



County Funding for System of Care Grant

County	Year 1 ('17-'18)	Year 2 ('18-'19)	Year 3 ('19-'20)	Year 4 ('20-'21)	
	Start July 2018	Start October 2018	Start October 2019	Start October 2020	Close October 2021
County 1	\$ 100,000.00	\$ 50,000.00*	\$ 50,000.00*	\$ 50,000.00*	\$ 250,000.00
County 2	\$ 100,000.00	\$ 50,000.00 *	\$ 50,000.00*	\$ 50,000.00*	\$ 250,000.00
County 3	\$ -	\$ 100,000.00	\$ 50,000.00	\$ 50,000.00	\$ 200,000.00
County 4	\$ -	\$ 100,000.00	\$ 50,000.00	\$ 50,000.00	\$ 200,000.00
County 5	\$ -	\$ -	\$ 100,000.00	\$ 50,000.00	\$ 150,000.00
County 6	\$ -	\$ -	\$ 100,000.00	\$ 50,000.00	\$ 150,000.00
County 7	\$ -	\$ -	\$ -	\$ 100,000.00	\$ 100,000.00
County 8	\$ -	\$ -	\$ -	\$ 100,000.00	\$ 100,000.00
Total Funding	\$ 200,000.00	\$ 300,000.00	\$ 400,000.00	\$ 500,000.00	\$ 1,400,000.00

* Subsequent years of funding will be provided on or about July 1st of 2019, 2020, and 2021

Funding and Reimbursement

- Once approved to join the PA System of Care (PA CARE Partnership) and Learning Communities will work with the county to develop a budget
- Payment is on a reimbursement bases, with appropriate documentation
- The first two counties starting July 1, 2018 will be on a July to June Fiscal year for spending and reimbursement.
- Types of allowable expenses related to System of Care
 - ▶ Training
 - ▶ Staffing
 - ▶ Stipends for youth and family
 - ▶ Meeting expenses
 - ▶ Cultural and Linguistic
 - ▶ Software/Printing/Office Materials
 - ▶ Marketing
 - ▶ And more

Technical Assistance

Youth and Family Resources

- Statewide Youth and Family Resources Coordinators
 - ▶ Aligns resources and opportunities across grants and programs at state and county level
 - ▶ Brokers and coordinates TA
- Youth M.O.V.E. PA is our partner to provide technical assistance and support to counties and agencies that meet the individual needs of the county and will be available for supports and training for youth organizations and system partners
- Family and youth resources coordinators will identify additional resources and training both locally and statewide which will meet the needs of the counties.

Technical Assistance

As a County you will receive:

- Assistance with family and youth engagement
- Building a County Leadership Team or reviewing and making recommendation on current leadership teams to meet standards.
- Evaluation support and training
- Youth and Family Services and Supports Planning Process

Standards Technical Assistance

- Resources Provided
 - ▶ Website resources: www.pasocpartnership.org
 - ▶ Web based learning management system for Families (Team Up for Families)
 - ▶ Tool kit with presentations, forms, and handouts
 - ▶ Materials, tip sheets, in-person consultation, conference calls, etc.
 - ▶ Webinars
 - ▶ Youth Mental Health First Aid and Question Persuade Refer

Standards Technical Assistance

- Resources Provided Continued
 - ▶ Mental Health Awareness Month
 - ▶ First Episode Psychosis
 - ▶ Family and Young Adult Road Map Training
 - ▶ Grant Directors Community of Practice and Practice Groups
 - ▶ Individual county update calls
 - ▶ County to County collaboration through Learning Communities

Technical Assistance

Cultural and Linguistic Competence (CLC):

- CLC will work to meet the needs of the county
 - ▶ Survey's and assessments to understand community.
 - ▶ CLC Subcommittee
 - ▶ Presentation and face to face training
 - ▶ Analysis of community from a CLC approach

Trauma Informed

- Opportunities for counties
 - ▶ The PA System of Care Partnership (PA CARE Partnership) is developing contracts with agencies and providers for Face-to-Face and virtual trauma informed training.
 - ▶ This can include trauma informed training focused on system partners, youth and family members.
 - ▶ Working with other SAMHSA grants to address other trauma informed needs.

Open Table

- A model for faith and government to work together,
- to help people in poverty, or other challenging life situation,
- by recruiting, training, and supporting volunteers (often from the faith community),
- to become friends, and to provide support, understanding, and encouragement,
- which leads to transformation of the lives of those being served, and
- as well as to those who volunteer to serve.

Leading to change in the way that government and faith organizations work together to transform communities.

Timeline for Grant Application

- March 28, 2018 grant announced.
- April 16, 2018 Webinar for interested communities. It is not mandatory to attend the information session to apply, but is encouraged.
- May 15, 2018, by 5:00 pm EST submission deadline for counties
- June 15, 2018 System of Care Grant Counties announced.
- June 15, 2018 to July 1, 2018 - Communication and setting up meetings with new counties.
- July 1, 2018 new counties can start work and invoice for payment after July 1, 2018.

Application Process

- Applications can be sent in one of two ways.
 - ▶ Through a website using survey monkey.
<https://www.surveymonkey.com/r/SOCESAPPLICATION>
 - ▶ By filling out a writable PDF and submitting to Mark Durgin via email at durginm@upmc.edu.

Application Process

Details Needed in the Application

- Designated Contact Person with Contact Information
 - ▶ Response to questions about the planning process and technical assistance needs
- A brief description about why your county may be interested in becoming a System of Care County. This can include, but not limited to the following topics or areas a county may want to address:
 - ▶ Family and youth/young adult voice
 - ▶ Planning process/services
 - ▶ Evaluation
 - ▶ Reduction in out of home/increased community based and natural supports.
 - ▶ System Integration
 - ▶ Cultural and Linguistic Competence

The County Perspective

Crawford and York County, why did our counties invest in System of Care?



- **Contact Information...**

Please submit all questions or comments to:

Mark Durgin

Commonwealth Tower

303 Walnut Street, 11th Floor

Harrisburg, PA 17101

durginm@upmc.edu

(717) 678-9166

"This project, publication/report/etc. was developed [in part] under grant number SM0080147 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS."