#### Skill-Flix: Supporting Youth Partners Skill Development Using Video Demonstrations







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# Why was it brought about



- Trying to develop new ways to help support YSP
- Having discussions around what would be helpful
- Identifying what would be supportive

#### How did it start



- Credentialed YSP
- Identifying skills to demonstrate

### The process of making them



- How to figure out what skills to do
- Finding dates for it
- Prepping and taping

### The experience of making them



• What it was like to participate in the proses

### The Main screen



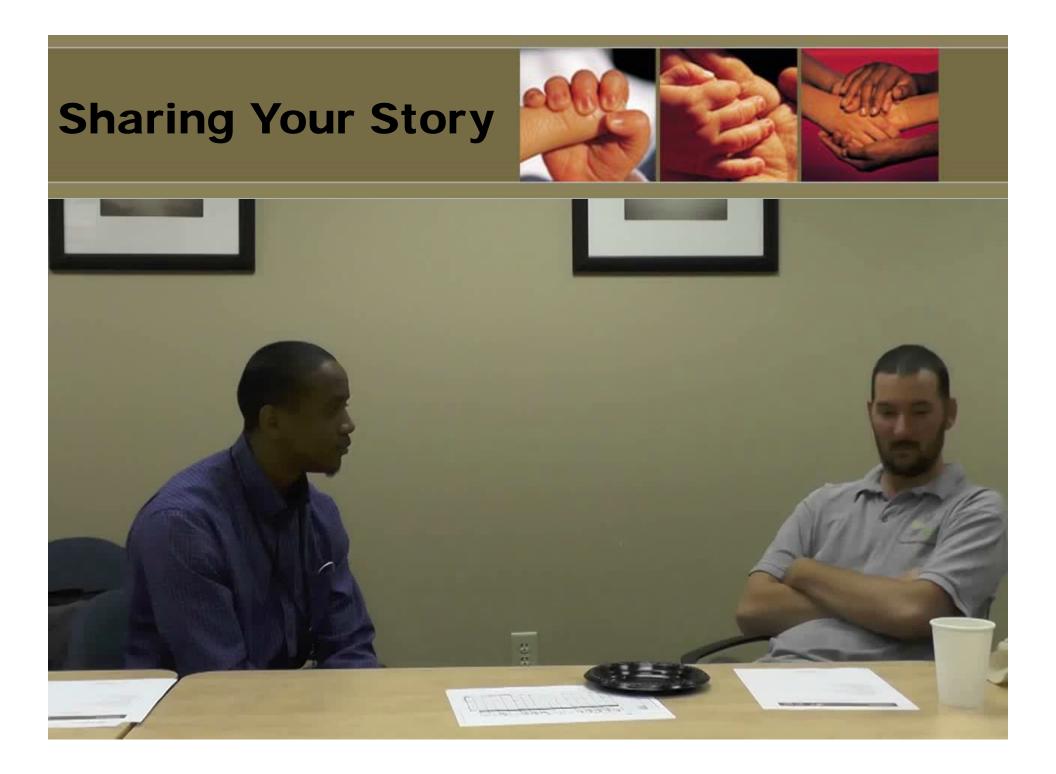


#### **Skill-Flix List**



- Skill flix
- Explaining High Fidelity Wraparound
- Natural support skill transfer 1
- Natural support skill transfer 2
- Skill transfer 1
- Skill transfer 2
- Letting go
- Identifying readiness for transition 1
- Identifying readiness for transition 2
- After High Fidelity Wraparound 1
- After High Fidelity Wraparound 2
- Sharing your story 1

- Sharing your story 2
- Prepping throughout the process
- Conflict of interest 1
- Conflict of interest 2
- When action steps are not being followed
- Behavioral rehearsal of an elephant in the room situation
- Prepping for active youth involvement in meeting 1
- Prepping for active youth involvement in meetings 2
- Bringing out the tough topics
- Behavioral rehearsal of not the right plan
- Explaining the YSP role
- Prepping for the first team meeting
- Band aid plan talk
- Behavioral rehearsal band aid plan



### The approval process



- Who approves things
- How does it work

# Using them in coaching



- With a YSP
- In a coaching circuit
- With other workforce members

### Using them as a YSP



- Learning new skill
- Seeing other YSPs ways of doing things

### How To Access Them



#### They can be accessed via the YFTI website www.YFTIpa.org

### Under the workforce tab in the coach and YSP sections

#### For non HFW workforce members contact <u>owenscw@upmc.edu</u>