

PA CARE PARTNERSHIP County Collaborative Monthly Call



**Youth Engagement and Being Youth Driven
Recorded Meeting
January 22, 2019**

Please enter your name in the chat box

**Presented by
Youth MOVE PA
(Motivating Others Through Voices of Experience)**

Overview of Today's Conversation

- What is Youth MOVE PA?
- Define Youth Driven Value
- Supporting a Youth Organization to enhance your goals
- Discuss engagement of Youth and Young Adults
- Resources available through Youth MOVE PA

History of Youth MOVE

- Youth Motivating Others through Voices of Experience
- Youth M.O.V.E National established in 2007 as a subsidiary of National Federation of Families for Children's Mental Health
- In 2012, Youth M.O.V.E National began the process to become independent organization.
- In 2013, Youth M.O.V.E. National received their 501 c(3) status.
- There are 70 chapters in 35 states... and still growing!

Youth MOVE Pennsylvania

- Youth MOVE PA is partnered with PMHCA (Pennsylvania Mental Health Consumers' Association) the PA Care Partnership and OMHSAS
- Blast from the past - We used to be called Youth Coalition Board
- Our chapter was established in May 2015
- Currently in Pennsylvania we have 4 Youth MOVE Local Chapters
 - Philadelphia, Fayette County, System Improvement Through Youth (Pittsburgh) and our newest chapter TAAG Youth MOVE'N IT (Regional Western Pennsylvania)

Our Mission

Youth MOVE PA started a youthquake for all young adults between the ages of 16-29 to be active powerful forces in their own social supports and to have a seat at the table of public policy as it relates to youth in Pennsylvania.

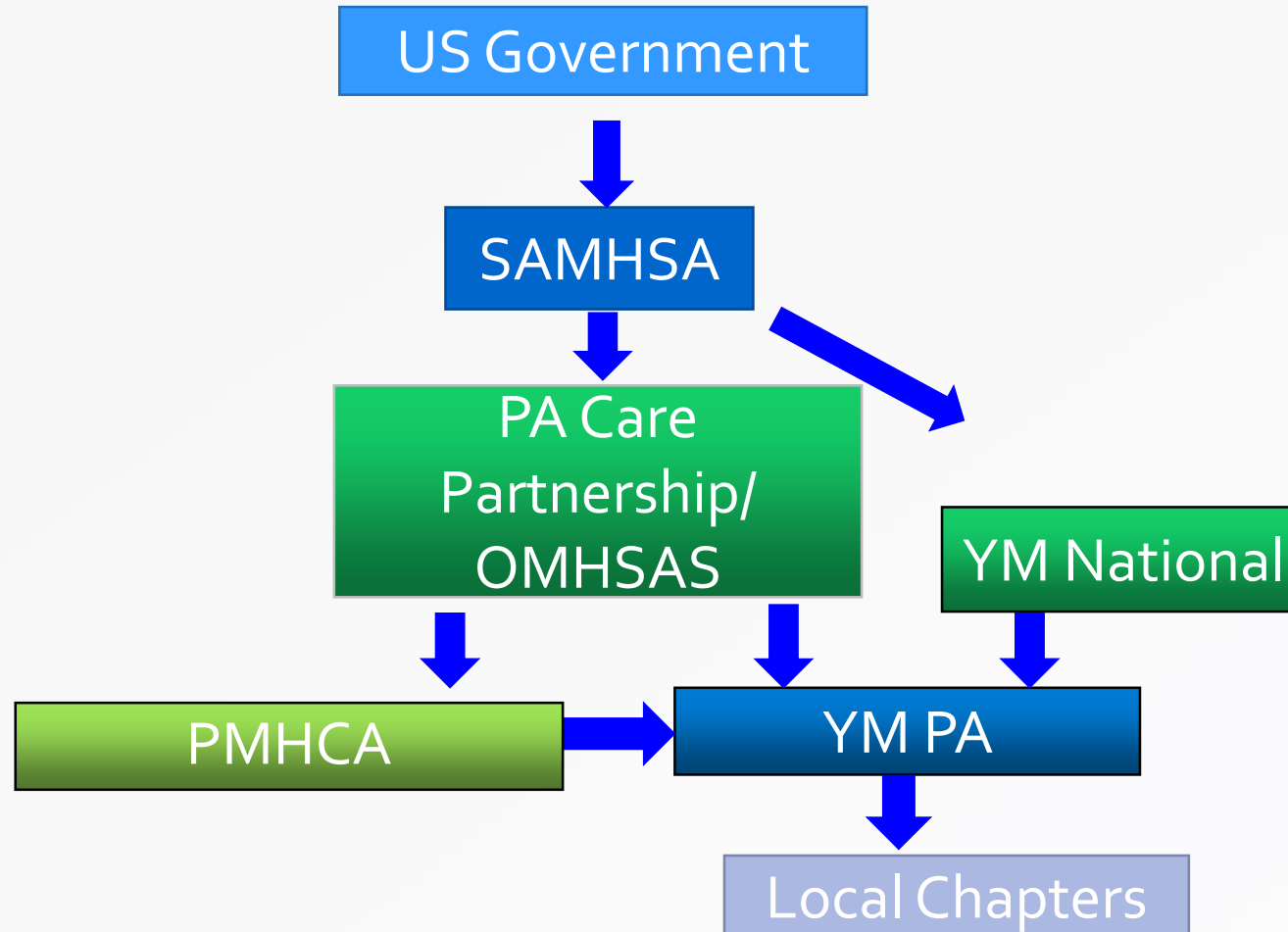
Our Vision

What we want to see happen....

It is our vision that all young adults across the state be active, respected and power forces of positive change in the delivery of social services and he design of social and public policy.

Our Partnership Structure

What does it look like?



So What Do We Do?

Chapter Activities

- Provide Youth and Young Adults a chance to share their voice at a Statewide Level
- Provide Learning Opportunities & Training for youth and young adults families, systems partners & communities
- Provide Technical Assistance to any community, group, or organization who needs helping building , engaging, retaining / sustaining Youth Involvement and assisting communities with their grant project(s)
- Host virtual monthly meetings and in-person quarterly meetings
- Plan and participate in Mental Health Awareness Day event
- Meet and convene with other Youth Groups/Chapters
- And so much more

Membership and How Youth Can Be Identified

What does it take to be apart of YMPA

- Youth/Young Adult between ages of 16-29 with lived experience
- Ally
 - Someone who supports the Youth MOVE-Ment but does not identify as a Youth
- Ability to meet Quarterly In-person
 - Typically meetings are held in Harrisburg
- Being able to share your thoughts and opinions while be respectful of peers

Lets talk about the Youth Driven Values



Youth Driven Values

- A minimum of 25% of the members on the leadership team are youth, who share equal responsibility with family & system partners at all meetings and activities.
- Guidelines/policies for county leadership ensure youth members are prepared, supported, comfortable, and above-all valued, while also giving youth multiple outlets to make their voice heard.
- The County Leadership Team partners with and supports local youth initiatives and/or actively facilitates the development of youth efforts and leadership in the community, with a focus on continuation and sustainability of any such youth activities.

Youth Driven Values (cont.)

- Child-Serving System principles and processes require youth voice as a standard practice, with several youth meaningfully participating in advisory boards and/or in an advisory capacity to the county child-serving systems
- Opportunities for youth will be made available in each respective child-serving system, including support for volunteering, employment and/or mentoring roles; and youth within the system will be given the tools needed to expand their leadership opportunities moving forward.
- Youth are given/taught the information and skills needed to make informed decisions about their own care, of which youth have a primary decision making role regarding their own care and overall well-being.

Youth Driven Value - What does this mean?

- Have Youth Leadership Participation be at least 25% (strive for 33%)
- Adjust your policies and guidelines to recognize youth as equal members
- Have opportunities for Youth Leadership to be seen and heard at events, conferences, and activities with supports

Youth Driven Value - What does this mean?- cont

- Have youth participate on your leadership team, committees and workgroups
- Be able to have give youth opportunities to use their leadership skills and mentoring in your systems and communities
- Provide youth the skills they may need to become a successful leader


Let's Break It Down

- Building youth/young adult participation on your leadership team will take time take but you should always strive for equal representation
- You need to build something that will last
- Create ways to prepare for their involvement
- Ensure their voices are heard
- Provide them with opportunities and training
- Leadership Training Opportunities

How About Creating A Youth Group?



Creating a group

- Groups encourage young people to interact with and meet peers
 - Can help enhance engagement and participation outside of a meeting
 - Provides them with opportunities for empowerment
 - Can plan their activities
- 

Why Having a Youth Group Can Help

- Can help guide your leadership team
- Provide feedback and input about lived experiences in systems
- Create interest and find additional youth and young adults
- Have authentic input

What do we need to get started?

- Small Group of Youth
- Allies who want to help and can help advise (& do some of the background work)
- Provide them with a space
- Incentives (What's in it for them?)
 - Food, Stipends, Reimbursement(s) , Transportation, Feeling Valued... etc
- Give them opportunities to have activities and to learn

Remember you're not alone!

-Youth MOVE PA is here to help!



What Youth MOVE PA can provide



- Training(s):
 - YARM (Youth and Young Adult Roadmap)
 - Youth Leadership Training
 - Recruitment and Retention Strategies
 - Social Marketing - What is that?
 - Our Leadership Journey(s) Youth Advocate to Advocate for Youth
 - Development of a RFP to become independent
 - How to Engage Youth and Young Adults
 - Create and Customize Training to communities and grants

What Youth MOVE PA can Provide

- Assistance with recruiting youth and young adults to participate at various levels of your organization
- Map current and potential “Champions” or “Allies” who support the Youth MOVEment and youth involvement
- Work on creating or reviewing strategic plans and meeting structures to see if there are ways to enhance those now in place, with follow-up consultation and support as needed
- Conduct a needs assessment using the Strengths, Opportunities, Aspirations, and Results (SOAR) process and work with youth and young adults to tackle needs and design new opportunities and can provide assessment to leadership groups, systems and families
- Provide assistance and development of building your advisory group, executive committee, or county leadership teams ... etc to all members including system partner(s) and especially youth and young adults
- Creation, or customization of education, training and resources to your group(s) & communities needs
- Can provide opportunities for conversation(s) such as one-on-one mentoring , guidance or assistance
- So much more!

Something to Highlight

- Youth and Young Adult RoadMap



Young Adult Roadmap

- Is a new way of teaching Youth and Young adult(s) about their journey
- It is a 5 Star Process with a Bonus Star
- Plus: We have recently been certified as Master Trainer(s)

Young Adult Road Map- Whats That?

- **Break down problems** into manageable tasks.
- **Find information** that is relevant to their unique needs.
- **Build relationships** that lead to appropriate services and support.

Young Adult Road Map- Guiding Star Points

- Guiding Star Point One: **Set Goals**
- Guiding Star Point Two: **Learn System Basics**
- Guiding Star Point Three: **Build Relationships**
- Guiding Star Point Four: **Manage Information**
- Guiding Star Point Five: **Find Support**
- **The Bridge to Everywhere-Navigating Transition Services**

How we provide it (YARM)

- “Start Here, Get There” Strategy Session: A three-hour, non-certification introductory training for staff (such as peer support workers) or young adult learners
- Focuses on preparedness for IEP and agency intake sessions
- 7-hour Coach Certification Training for peer support and case management staff
 - Focuses on skills for using curriculum in one-on-one coaching
- 14-hour Facilitator Certification Training
 - Focuses on additional skills needed for using curriculum in workshops and other group settings

YARM Youth/Young Adult Roadmap

- Customized scheduling for training
 - We will work with you to find the training that best meets your community's needs
- Cost of the books (est.-\$24)
 - Remember to buy in bulk
- Meeting space with room to move around
 - Activity based training
- Who can receive the training?

Let's Wrap this Up

- Time for some Q&A



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