



## **MEDIA ADVISORY**

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### **Walk To Raise Awareness About Mental Health**

The York County System of Care in collaboration with York County Human Services will be meeting in front of the Human Services Building on Monday, May 6<sup>th</sup> at 11:45 a.m. to walk in honor of Mental Health Awareness Month. Walkers will be wearing green t-shirts, which is the representative color used to highlight mental health.

The York County Commissioners and Mayor Helfrich will be part of the 'kick-off' ceremony taking place prior to the walk.

Following the reading of the Mental Health Awareness Month Proclamation, human service workers, providers and the community will take a short walk around town.

In addition, from Monday, May 6<sup>th</sup> to Sunday, May 12<sup>th</sup>, businesses, churches, schools, provider agencies and neighborhoods will be lighting up in GREEN.

Government buildings, York City light poles and Strand Capital are just a few of the organizations participating in this week-long event.

***Help spark the conversation and fight the stigma.***

Walk Event: [www.facebook.com/events/382133139040406/](https://www.facebook.com/events/382133139040406/)

Main Website: [www.Lighttheway4mentalhealth.org](http://www.Lighttheway4mentalhealth.org)

Facebook: [www.facebook.com/LightTheWay4MH](https://www.facebook.com/LightTheWay4MH)

Instagram: [www.instagram.com/YorkCountyHumanServices](https://www.instagram.com/YorkCountyHumanServices)

#LightTheWay4MH