

Camp Charlie is a week-long bereavement camp run by Safe Harbor, Abington – Jefferson Health's program for grieving children, teens and their families. Camp Charlie is held annually during the last week of June. Children ages 6 (completed first grade) to 12 who have experienced the death of a parent, sibling or primary caregiver can attend this camp free of charge.

A Supportive and Healing Environment

Camp Charlie provides children with a safe place and opportunity to address their grief. Campers are aided by staff, volunteers and buddies in acknowledging death, saying goodbye, reliving memories and memorializing their loved ones. Buddies are selected teens who have attended Safe Harbor following a significant loss of their own. They are trained to provide support, mentorship and inspiration to the young campers all while focusing on hope and fun.

Camp Charlie also recognizes the necessity of the camaraderie formed through free play and organized games. Ample time is devoted each day



CAMP

Charlie

to campers having fun and bonding with other children that are going through similar experiences.

Expressive Arts

Music, art, movement and drama are important aspects of Camp Charlie. Expressive arts provide campers an alternative means of expression which

is beneficial, especially to those campers that may not always want to talk about their feelings. Each year we have three dedicated teams of volunteers and a music therapist who use their many talents to



create engaging and healing activities.

Fun in the Sun

It is so important for grieving children to know that it is okay to laugh and have fun, so afternoons at Camp Charlie are dedicated to just that! There are plenty of special activities, including games, surprise guests, obstacle courses, water play, Carnival Day and more, all of which provide campers the opportunity to build fun, lasting friendships with other campers and remember that laughter is the best medicine.

Interested in more information or enrolling a camper?

More detailed information about Camp Charlie and registration forms can be found at www.abingtonhealth.org/SafeHarbor.

Questionscan also be directed to Safe Harbor by calling 215-481-5983.

SAFE HARBOR

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