



PA Parent and Family Alliance



Offering one on one support, education and resources to parents of children with social, emotional, behavioral and mental health challenges.



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Welcome to the PA Parent and Family Alliance.

We are proud to provide support and resources for parents and caregivers like yourself whose children (up to age 26) may be experiencing a variety of challenges ranging from social and emotional to behavioral and mental health struggles, inclusive of substance use disorders.

We are here to guide you in finding a way forward, no matter how difficult the road ahead may seem. Parenting a child is an action of love, and we are here to navigate the journey with you by providing the best tools and resources available for you and your family.



Payton Johnson
4 min

National Special Education Day

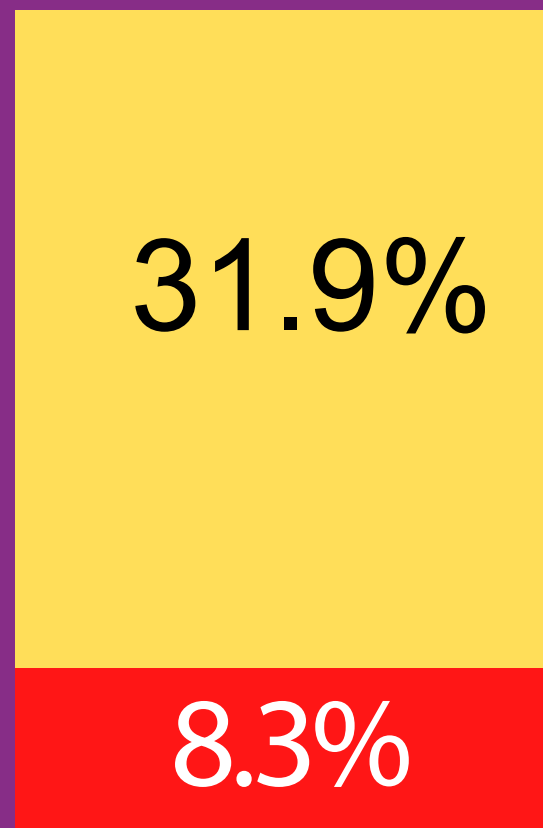
These 5 resources are what we recommend to our families who have children with behavioral and mental health needs ..



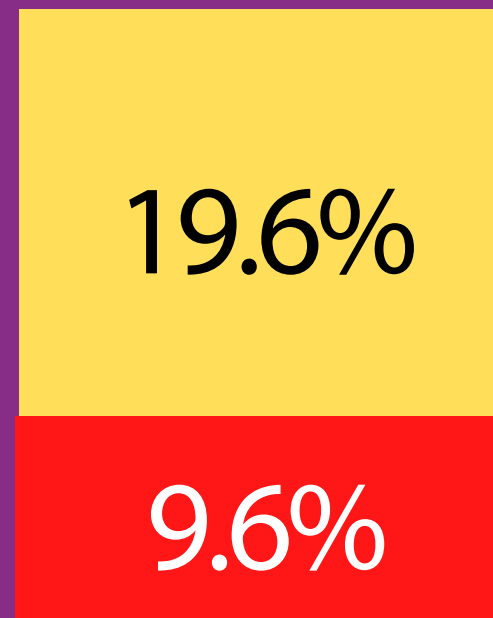
Half of all psychiatric illness
occurs before age 14
and
75 % by the age of 24.

*Child Mind Institute Children's Mental
Health Report, 2015

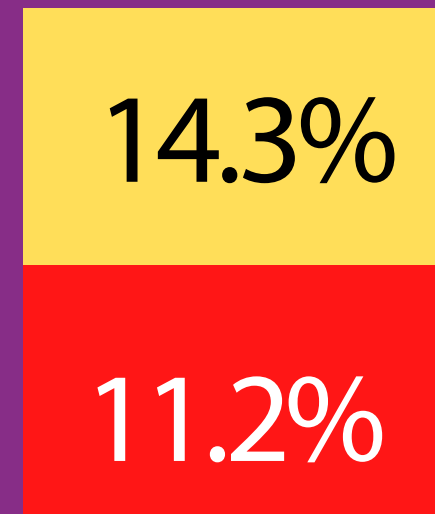
MOST COMMON PSYCHIATRIC DISORDERS IN CHILDHOOD



Anxiety
Disorders



ADHD &
Disruptive
Behavior



Depression
& Bipolar
Disorder



Disordered
Eating

with severe
impairment



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- A Time to Talk
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- Contact Us By Phone




How Family Support Partners Can Help You

Family Support Partners (FSP's) deliver peer to peer support to families caring for children and young adults (up to age 26) with identified or suspected social, emotional, behavioral, or mental health challenges. This is inclusive of learning and attention issues, as well as substance use disorders.

Our Family Support Partners are just that, *partners*. They are parents who have raised or are raising a child with challenges that may mirror the ones your family may also be encountering. Family Support Partners will walk with you on your journey until you feel ready to walk on your own.

Our services are free and confidential.



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Allegheny Family Network

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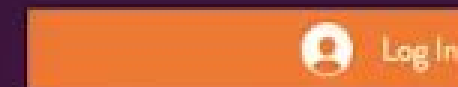
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Tips for providers working with grandfamilies



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Terms and Acronyms Dictionary
Understand Commonly Used Terms and Acronyms



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Our Learning Lab is a hub of information that will empower you with the resources you need. Check out the extensive webinars, videos, publications, and specialized areas of focus. You have questions, and this is where you can find the answers.

Diagnosis specific info

Learn more about specific mental health diagnoses and treatments.

WEBINAR

WEBINAR



I Agree

Can a parent refuse to allow treatment once a child (age 14 - 17) has consented?

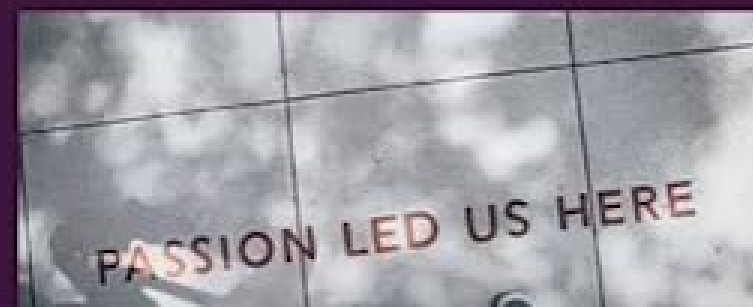
no

Can a child (age 14 - 17) refuse treatment once a parent has consented?


no

STOP

What happens if a child (age 14 - 17) takes away their consent? The treatment will be stopped.





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Webinars

Missed a live webinar? No problem.
Recorded webinars are available here.



I Agree

Can a parent refuse to allow treatment once a child (age 14 - 17) has consented?

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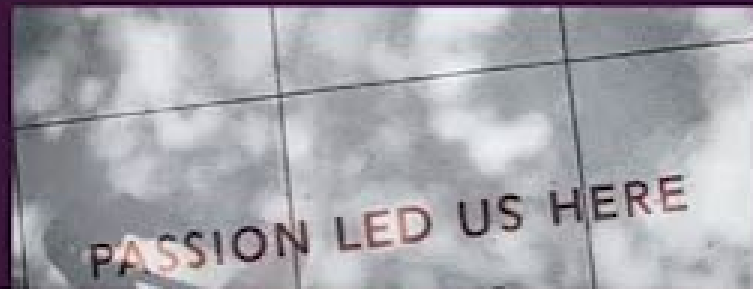
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PA Parent and Family Alliance is continually working on adding exciting and informative events for our families. We encourage you to check this page often, and sign-up for our [newsletter](#) to stay in the know for any newly added events.

Check Out These Upcoming Events:

Click on the image for more information or to register.

Missed a previous event? Our recordings of previous events can be accessed in the [Learning Lab](#) under the [Webinars](#) tab.



Resources for Parents and Families

Learn more about the services PA Parent and Family Alliance offers families and providers as we present for the PA Care Partnership

December 10th
10 am - 11 am





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Find a service provider

Safer At Home

Learning Lab

Terms and Acronyms

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Tips for providers working with grandfamilies

@paparentalliance



Rainbow Meditation

To implement
mindfulness in early
childhood and beyond



@parentalliance



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ALLIANCE

FIND US AT

paparentandfamilyalliance.org

CONTACT US AT

contact@paparentandfamilyalliance.org

PARENT SUPPORT LINE

888-273-2361

